## **Participative Learning**

Participative Learning in colleges represents a progressive educational approach where the traditional passive learning model is replaced by active engagement and collaboration. This method focuses on involving students in the learning process through discussions, group activities, and critical thinking exercises. By encouraging students to take an active role in their education, **Participative Learning** fosters a deeper understanding of the material, enhances critical thinking skills, and prepares students for real-world challenges. This approach not only improves academic outcomes but also promotes personal growth, teamwork, and a sense of community within the classroom.

## Academic Year: 2022-2023

## Survey on COMPUTER LITERACY SURVEY AND AWARENESS CAMPAIGN"

On 4th March 2023, the Department of Computer Applications conducted a survey to assess the level of computer literacy and awareness in the local community. The goal of this campaign was to empower neighborhood residents by enhancing their computer literacy. The survey, carried out by a group of four students, was successful as they covered around 20 houses near our college during the 2022-23 academic year. The students interacted with community members, asking questions about their computer knowledge, and offering valuable guidance to those less familiar with computers. The survey was supervised by faculty member Ms. Ann Maria Jose. Overall, the survey was successful, and the students gained useful information about the computer proficiency levels in their locality.

### COURSE OBJECTIVES

- To give basic computer knowledge to the local community
- To improve digital equity
- · To improve social opportunities
- · To increase online safety
- · To give basic ideas about E-PAYMENTS



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### LEARNING OUTCOMES

- 1. Identify basic concepts and functions of computers.
- 2. Select and use appropriate software applications to complete a particular task.

### Mathrubhumi @ 100 Poster Exhibition

A poster exhibition named Mathrubhumi@100 was organized by the Association of History in relation with the celebration of the 100th anniversary of the popular newspaper in Kerala, Mathrubhumi on 22/06/2022. The exhibition was inaugurated by Mathrubhumi Kottayam unit manager Sri. T. Suresh. More than 200 students participated in the program.



## NOUVEL 2022. KEC Handcraft and Sweets Fiesta

The History Department has actively participated in NOUVEL 2022: KEC Handcraft and sweets fiesta, an exhibition cum sales fest organized by the college on 16/11/2022. The Association has opened a stall to sell the handicraft products and food items made by the students. Teachers and students from various departments visited the stall.





#### **Science Promotion Rally**

Final year bachelor's students of physics department attended a science promotion rally conducted on 23-8-2022 at CMS College in association with Breakthrough Society. The participants were Balu Baiju, Jayakrishnan, and Alen Abraham of 3<sup>rd</sup> year B.Sc. Physics.

## Euonia-23

HIM

IEDC, K.E. College has arranged an opportunity for students of the college to present their innovations or prototypes in M.G. University Academic Carnival, Euonia. Few 3rdc physics students have presented their innovations in the Exhibition Stall at Nagampadam on 17-01-2023 and 18-01-2023 from 10am till 4pm. Many faculty members and more than 500 students of different colleges have actively participated in this program.





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#### Energy Conservation Awareness Program at schools in Idukki District

The Department of Physics with Applied Electronics conducted a two-day awareness program on energy conservation for school students in Idukki District. Staff members of the department, including Ms. Deepthi S. Nair, Mr. Anish Kumar P.S., Ms. Sruthy S., Ms. Sunu Ann Thomas, and Mr. Manu P. Rajan, visited 13 schools in the district, reaching out to around 800 students. They provided guidance on how to conserve energy and shared various methods to reduce electricity consumption. This program served as a unique opportunity for students to learn about the efficient and safe use of electronic and electrical appliances.











### Unarthu Pattu (Street Play)

HEI

On 17th October 2022, the Post Graduate Department of Psychology, in collaboration with the Kerala Police, conducted an event as part of the anti-narcotic mission 'Yodhavu.' The event was held during Mental Health Week observance, 'Psyche Semana 2K22,' and was named 'Unarthu Pattu.' This program, in collaboration with the Kerala Police, Kottayam, included a flash mob, a street play, and an awareness rally at various locations in central Kottayam. 'Unarthu Pattu' aimed to raise awareness about current social issues and was inaugurated by Mr. K.J. Anish, DYSP, Kottayam.







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An online budget analysis program was conducted by the Research and Post Graduate Department of Economics, Kuriakose Elias college Mannanam in collaboration with Bishop Kurialacherry College for Women, Amalagiri on 10th February 2023 at 6.30 pm viz Google meet. Ms. Anna Maria Francis, Research Associate at Centre for Public Policy Research, Kochi and Ms. Annu Anna Jo, Senior Associate, Centre for Public Policy Research, Kochi were the resource persons of the program.

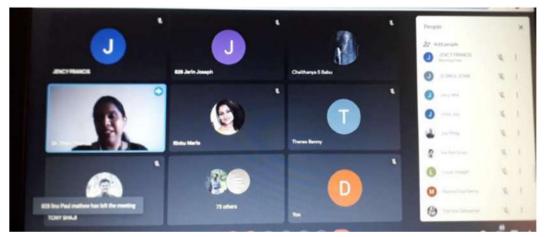


### **Panel Discussion**

HEI

A Panel Discussion on the topic Kerala budget 2022 was organized jointly by P.G. Department of Commerce, Kuriakose Elias College, Mannanam in association with P.G. Department of Commerce, Deva Matha College, Kuravilangad on 28th March 2022 from 10.30 am to 12.00 pm. The program was the second one in the list of programs organized as per the MoU agreed upon between the two departments. The program was aimed to give awareness to Postgraduate students on the key areas of Kerala budget 2022.









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#### Film fest

As a part of celebrating National Cinema Day, the Film Club in association with the Department of English organized a screening of the movie Aavasavyuham: The Arbit Documentation of an Amphibian Hunt. This film is based on the environment and man's innate link with nature. It was screened on 26th September at 2.15 pm. The 2<sup>nd</sup> DC & 1<sup>st</sup> DC students also conducted a flashmob as a part of this initiative. The program was a great success. Ms Indu Peter & Ms. Midhila Baby coordinated this program with the support of the Principal Dr. Ison. V. Vanchipurackal & Dr. Sujarani Mathew (HOD of the English Department). The participation of many students and teachers from other departments was appreciable. Around 100 students were present in the fest and the fest was truly engageable to the students who love movies.



### Awareness program on World Ozone Day

World Ozone Day is observed on September 16 every year to raise awareness about the depletion of the ozone layer and explore possible solutions to preserve it. To emphasize the importance of the ozone layer and the need to protect this fragile shield of gas, the second-year BSc Zoology students engaged in various activities.





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On September 22, students from the UP section of St. Joseph's School, Mannanam, were invited. Mareesha Devi and Veena Gayathri of II BSc Zoology gave a short PowerPoint presentation, informing the children that the ozone layer is a natural part of our atmosphere, shielding the Earth from most of the sun's harmful ultraviolet radiation. They explained that UV rays can be very damaging to our planet, affecting plants, humans, and animals alike. The students were also made aware that ozone depletion can lead to an increase in Earth's temperature, melting glaciers, cancerous diseases, rising ocean levels, and more. After the presentation, a short quiz was conducted, in which the students participated actively and energetically. Overall, it was a creative and engaging session that enlightened the students and made them realize the seriousness of the situation





### **Orientation on Emotional Intelligence.**

The official inauguration of the Zoology Association was held on 14th October 2022 at 11 a.m. in Christopher Hall at K.E. College. The Head of the Department, Dr. Sr. Jessy Joseph, welcomed the gathering. Principal Dr. Ison V. Vanchipurackal delivered the Presidential Address. The Chief Guest, Dr. Elizabeth John, Director of Life Care Counselling Centre for Women & Child Development, Peroor, Kottayam, formally inaugurated the activities of the Zoology Association for the year 2022-23. She conducted an interactive session for all BSc Zoology students, emphasizing the importance of Emotional Intelligence for graduate students to reduce anxiety and depression, stay socially active and involved, and maintain good health. A total of 64 students and four faculty members actively participated in and benefited from the session.



### Academic Year: 2021-2022

### **35 Intercollegiate Quiz Competition**

The 35th Intercollegiate Mathematics Quiz competition (online) was conducted on 21st and 23rd February 2022. The competition was held in two rounds, with Dr. Aparna Lakshmanan, Associate Professor, Department of Mathematics, Cochin University of Science and Technology, Kochi, serving as the quiz master. The preliminary round was conducted on the 21st. Out of the 147 national-level participants in the preliminary round, several were selected for the second round, which was also



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conducted online. The competition was a grand success. Ms. Rahila K. K. from WMO Arts and Science College, Muttil, Wayanad, Kerala, won First Prize, and Mr. Aman Jose, B. Tech (Computer Science), Federal Institute of Science and Technology (FISAT), Angamaly, won Second Prize.

#### Campus Out-reach program on Energy Conservation (E-SMART)

Department of Physics with Applied Electronics and Department of Computer Applications, in association with IEDC and IIC conducted a one-day workshop on "LED Bulb making", on 20<sup>th</sup> January 2022 at 2PM at St. Augustine Higher Secondary School, Karimkunnam as an initiative for the conservation and preservation of energy and resources for longer use. Mr. Anish Kumar P.S, Assistant Professor, Dept of physics with Applied Electronics, K.E College, Mannanam, conducted the workshop for the electronics students. Around 24 students participated in the workshop. The students were familiarized with the components of LED bulbs and their assembly. The students made the LED bulb individually and made it a successful one. The teachers of K.E. College, Mannanam handed over the LED bulbs assembled by the electronics students to Mr. U.K Stephen, Principal, St. Augustine Higher Secondary School, Karimkunnam to promote the usage of LED Bulbs in Schools and among Student







### **Exhibition cum Sale**

The Department of Physics with Applied Electronics in association with IEDC and IIC conducted an exhibition cum sale on 10<sup>th</sup> December 2021 to exhibit the student's talents on making useful products. All the Students of the Department actively participated in the exhibition and made it a successful one.

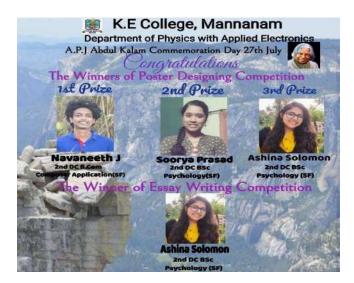


### Poster Design and Essay Writing Competition

On behalf of the 6<sup>th</sup> commemoration day of Dr A.P.J. Abdul Kalam"The Missile Man of India" and the former president of India, the Department of Physics with Applied Electronics conducted a Poster Design Competition for all UG and PG students in K.E. College, on the Topic: 'Are we alone in the Universe?' and an Essay Writing Competition on the Topic: "Culture of Science: A pre-requisite for self-reliance in Science and Technology", on 27<sup>th</sup> July 2021.







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## Skill development program



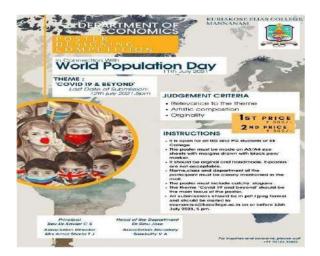


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### **Poster Making Competition (World Population Day)**

The department of Economics of Kuriakose Elias College, Mannanam had organized a poster making competition in connection with world population day for the students of the college on 12<sup>th</sup> July 2021.



## Poster Designing Competition: Bharat Ka Amrut Mahotsav

Department of Economics organized a poster designing competition in connection with Bharat Ka Amrut Mahotsav on 15<sup>th</sup> August 2021. The theme of the competition was "India. Retrospect @75".





Ms. Jeena Jose, II <sup>nd</sup> DC Political Science student of KSMDB College Sasthamkotta, Kollam secured first prize. Ms. Aparna Ravikumar, 2<sup>nd</sup> year M. Com student of K. E. College Mannanam won the second prize. Ms. Uthara U.V. 2<sup>nd</sup> year, Bsc Psychology student of K E College Mannanam secured the third prize.



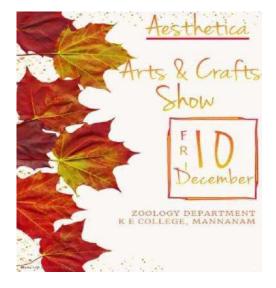
#### Workshop on Aptitude and Soft Skills

The Research and Postgraduate Department of Economics at Kuriakose Elias College, Mannanam, organized a workshop on 'Aptitude and Soft Skills' on 11th December 2021 at 2:30 p.m. via Google Meet. Mr. Sivaprasad S, a renowned trainer, was the resource person. He discussed topics such as mental ability, reasoning ability, and aptitude tests in an engaging manner, ensuring maximum student involvement. The session was both interesting and informative. A total of 46 students participated and benefited from the program.





### Arts and Science exhibition -2021.





### Workshop on Aquarium Making



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## Exhibition Cum Sale on Ornamental Fish Breeding and Vermicomposting



### **Interdepartmental Debate Competition**

Interdepartmental Debate Competition on the topic, "Does social media instigate mob violence among youth" to commemorate World Youth Day, on August 14, at 2.30 pm on Google Meet.





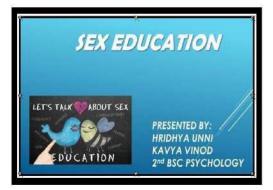




### Group Discussion on Importance of Sex Education Today

As part of participative learning, the Undergraduate Department of Psychology conducted an

offline discussion on the 'Importance of Sex Education in Today's Society' during the association hour. The discussion was led by final-year undergraduate students Ms. Kavya Vinod and Ms. Hridya Unni. The objective of the program was to facilitate a fruitful discussion among college students about the need for sex education in modern



society, especially in light of increasing sexual crimes, gender discrimination, and the exclusion of the LGBTQ+ community in Indian society. Psychology students initiated a healthy discussion, highlighting the problems caused by the lack of age-appropriate sex education. The students contributed their viewpoints, and the discussion concluded with ideas on the changes that proper sex education could bring to society.





#### Group Discussion on Psychological Perspective of SARAS Movie

The Post Graduate Department of Psychology as an initiative of participative learning, conducted an Online Discussion on 'Psychological Perspective of SARAS Movie' in relation with Contraception Day. The Resource persons of the program were Mr. Arun Joseph, Resident Wellness Officer, Wellness Center IIT, Madras and Dr. Suma Jilson (Pediatrician).



#### Workshop On Research Methodology and Intellectual Property Rights

The Postgraduate Department of Psychology at K E College, Mannanam, conducted a one-day

workshop on the topic of Research Methodology and Intellectual Property Rights on 15th December 2021. The resource person for the program was Dr. Justine K. James, Assistant Professor of Psychology at Sri Achutha Menon Government College, Thrissur. The workshop was organized for final-year undergraduate and postgraduate



students, aiming to orient them on research methodology and intellectual property rights.





**Online Certificate Course on Psychotherapy Skills Training** 

The Department of Psychology at K. E. College, Mannanam, in association with the Kerala Consultant Psychologists Association (KCPA), the Department of Psychology at LISSAH College, Kozhikode, and the School of Happiness, Mundakayam, conducted a 10-day online certificate course on 'Psychotherapy Skills Training.' The program was conducted in two phases: the first phase was from 21st November 2021 to 25th November 2021, and the second phase was from 30th November 2021 to 4th December 2021



## Workshop On Entrepreneurship on Seedling Production

The workshop aimed to raise awareness among students about becoming entrepreneurs in the fields of seedling production, kitchen gardening, and organic farming. This workshop was organized by the Postgraduate Department of Botany in association with the IIC and IEDC and was held on 14th December 2021 at Fabian Hall. Dr. V.T. Antony (HOD) delivered the welcome speech. The workshop was officially inaugurated by Fr. Dr. Xavier C.S. CMI at 10:45 a.m., and he delivered the inaugural address. Felicitations were given by Fr. Biju (Self-Financing Coordinator), Mr. Johny, and PRINCIPAL

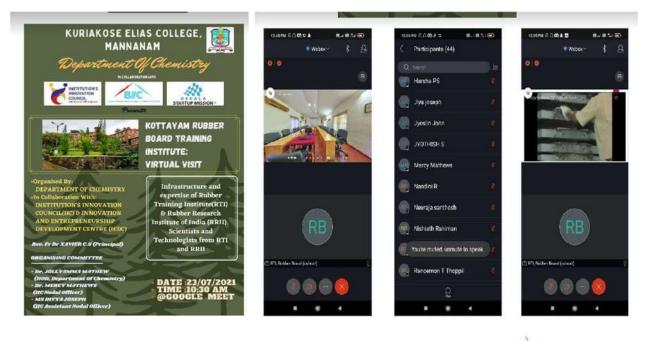
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Ms. Mercy. Dr. Mejo Jose, the program coordinator, delivered the vote of thanks. Mr. Joymon J. (Vakkayil Farms and Seedlings, Lakkattoor), the resource person for the workshop, was the runnerup of the Karshakasree Award, 2022. He has received numerous awards for excellence in farming. He gave a talk on precision farming and seedling production, which was informative and beneficial for those interested in farming with minimal expenditure. He also emphasized the necessity of kitchen gardens, especially given the current situation of rising vegetable prices and the presence of toxic vegetables in the market. A demonstration session on seedling production was conducted as part of the workshop at 2:00 p.m. Thirteen second-year and twelve first-year postgraduate students attended the workshop, along with five faculty members who led the sessions. Participation certificates were provided to all students. The workshop concluded at 4:00 p.m.

#### **Virtual Industrial Visit**

We had our virtual industrial visit to Kottayam Rubber Board Training Institute on 23 rd July 2021. This program was in collaboration with IIC, BIIC and KSUM. It was a great opportunity to know about the institute, infrastructure, opportunities and expertise of the Rubber Training Institute and Rubber Research Institute of India, Scientists and Technologists of RTI and RRII.





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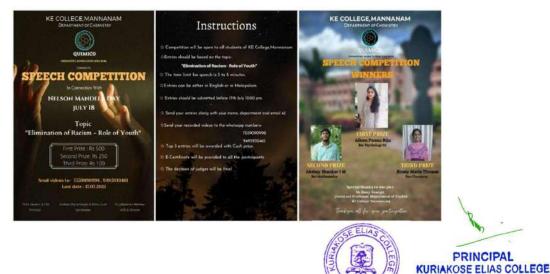
#### **Poster Making Competition**

In connection with the World Ozone Day, Quimico conducted a poster making competition on the topic "Ozone Layer Protection: The mission Goes On" on Sept 16. Total of 14 students participated in the competition and cash prizes were distributed to all the winners. We had Dr. Linta Maria Jose (Dept. of Chemistry) and Rony George (Dept of English) as the jury of our competition. NEERAJA SANTHOSH: Won second prize in the Poster Making Competition organized as part of the World Ozone Day Celebrations



#### **Speech Competition**

In connection with Nelson Mandela Day on July 18, Quimico conducted a speech competition on the topic "Elimination of Racism – Role of Youth". Total 8 students participated in the competition and cash prizes were distributed to all the winners.



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#### **Reading Week Celebration**

We are living in an era witnessing numerous amazing events. Every sector undergoes dynamic changes. Human life is susceptible to all these revolutions that abutted life and technology. We welcomed swift changes in our routine inadvertently. It is even reflected in our consciousness and selfbuilding activities like reading, thinking and storage of information. In this scenario, the Department of Chemistry of **M. E. S. College**, Nedumkandam and **St. Michael's College**, Cherthala along with the Department of Physics, **K. E. Mannanam** collaboratively organized an open platform for discussion on the titled theme. The participants were the students and faculties of the respected colleges. The webinar was conducted using the platform of Google meet. The respected principals, HODs and teachers were present during the webinar and the students actively interacted and expressed their views on the topic. Moderator of the interactive session was Prof Satheesh Babu and the coordinators of the program were Dr. P Manoj, Dr. Ranjini Radhakrishnan and Dr. Jini Thomas. There were above 100 participants out of which 49 students were from our college.





#### **Reading Day: Book Review Competition**

A book review competition was conducted on reading day. It was an inter Department competition and students were asked to write a review of their favourite books and it was a great opportunity for the students to explore the vast world of reading. The winners were awarded with attractive prizes.



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### Bharat ka Amrit Nahotsav Program Essay Competition

The English Department of K.E. College has organized an Essay Competition on the topic post-Covid India issues and challenges. It was conducted on December 2, 2021, as part of Bharat ka Amrik Mahotsav Program. The Competition was opened to UG students of all the Departments. The Panel of Judges have selected the best essays and the results were declared on December 23. The Competition has been conducted successfully under the guidance of Principal Rev. Fr. Xavier C.S. CMI Head of the Department, Dr. Sujarani Mathew and the Faculty member Veena P.U.







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### **E-Resource launch**

The English Department of K.E. College organized an essay competition on the topic 'Post-COVID India: Issues and Challenges.' The competition was held on December 2, 2021, as part of the Bharat Ka Amrit Mahotsav Program. It was open to undergraduate students from all departments. A panel of judges selected the best essays, and the results were declared on December 23. The competition was conducted successfully under the guidance of Principal Rev. Fr. Xavier C.S. CMI, Head of the Department Dr. Sujarani Mathew, and faculty member Veena P.U



### My Guild Season-2: Develop the artist in you

The academic year of 2021 saw the emergence of yet another initiative – My Guild. It was officially Inaugurated on 26th November 2021 by renowned writer S. Joseph. In this initiative students from various departments come together by giving video lessons Paintings and drawings. Those Sessions detailed about Portrait painting, Landscape painting, Mandala Art and so on, people from various backgrounds and Occupation joined us and this seems to be the greatest success of this initiative. The video lessons were posted via YouTube channel. Around 130 participants attended the program.

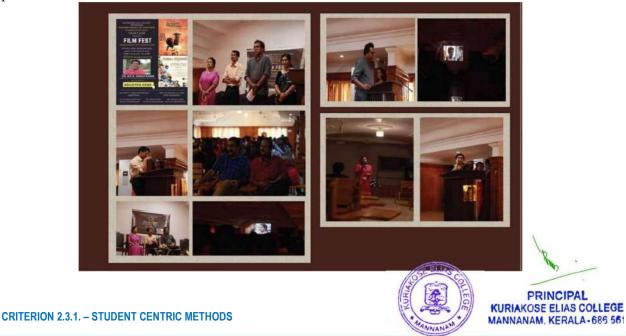




### Film Fest



A film fest was conducted by the English Department in collaboration with the film Club of K.E. College. The program was inaugurated by Mr. Aju K. Narayanan, Associate professor in School of letters, Mahatma Gandhi University. It discusses the social challenges existing in the Indian Scenario. Pariyerum Perumal and freedom fight were screened which focuses on the subject matter through the prism of Indian Society. The first film scheduled from the time of 10:30 am and the second from 1:45 pm onwards.



### **Annual Literary Fest**

This year witnessed an annual literary Fest – HUMPHREY 2022. The literary fest was inaugurated by Dr. Ison V Vanchipurackal on 5th March 2022. The theme of the literary fest was peace. Online literary parade for peace aimed to showcase literature and arts as a medium to propagate the need for peace. Online Poetry Competition, Photography Contest and Drawing Competition were the events. The winners from various Colleges were awarded with Cash Prizes. Entertainment programs were Also performed by the Students of English Department. Moreover, the whole program was a great experience for the students.



#### **Impact 2022: Digital literary Magazine**

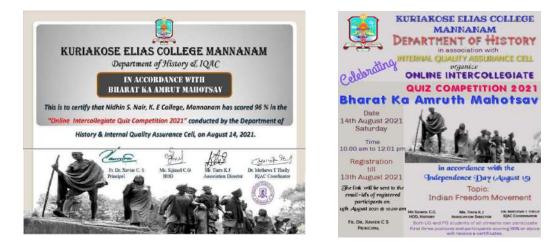
The English department also launched a magazine IMPACT 2022 on 8th March 2022. The magazine includes exemplary write ups, facts, quotes, painting and drawing done by the students of the department. The creative skills of the students were showcased in the magazine.





### **Intercollegiate Quiz Competition 2021**

History association organized an online Intercollegiate Quiz Competition on 14<sup>th</sup> August 2021 at 10.00 am on the theme 'Indian Freedom Movement' as a part of Bharat Ka Amruth Mahotsav celebration. 106 students from various colleges in Kerala registered to participate in this competition. Nidhin S Nair (3<sup>rd</sup> BA History) secured first prize.



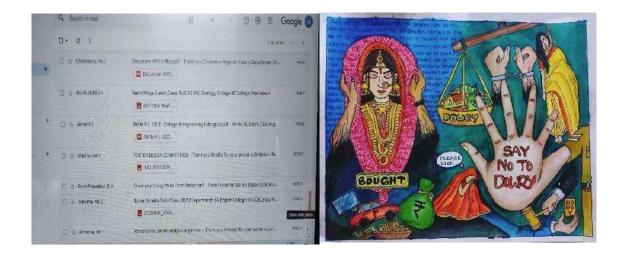
### **Poster Design Competition**

As an initiative to create awareness about domestic violence against women and anti-dowry system, the Department of History conducted an online Interdepartmental Poster Design Competition. The theme of the competition is 'No to dowry'. The entries of the poster design competition were submitted to the e-mail id <u>history@kecollege.ac.in</u>. Last date of the submission was September 4, 2021. Winners of this competition were Bhadra M (2<sup>nd</sup> B. Sc Mathematics), Nimisha Salin (2<sup>nd</sup> BA English) and Atheena Roy (2<sup>nd</sup> B.Sc. Psychology (SF).





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## KEC Handcraft Fiesta'21 Exhibition cum Sales Competition

History association actively participated in the Exhibition conducted by IEDC and IIC. Richu Roy of 3<sup>rd</sup> D.C. History secured prizes in Novelty category.



### **Book binding Workshop**

The Department of History in association with IEDC and IIC organized a workshop on "Book Binding" on 16/12/2021. Sri James Kurian Pemalayil (Rtd. Teacher, St Aloysius Higher Secondary School, Athirampuzha) was the Resource person of this workshop. 43 students participated in this program.





### **Inter Collegiate Translation Competition**

The Department of HINDI conducted an online INTER COLLEGIATE TRANSLATION COMPETITION in connection with AZADI KA AMRIT MAHOTSAV. The program received good participation from the students of various colleges. The competition was held in three languages: - English to Hindi, Hindi to Malayalam and Malayalam to Hindi. The students were given a passage from each category.





### Inter Collegiate Hindi Travelogue Competition

The Department of HINDI conducted an online INTER COLLEGIATE HINDI TRAVELOGUE COMPETITION in association with WORLD HINDI DAY on 10/1/2022. The competition got good participation from students of various colleges. The competition was strictly limited in Hindi language. The participants were free to write about their experience of travel to anywhere in the world.

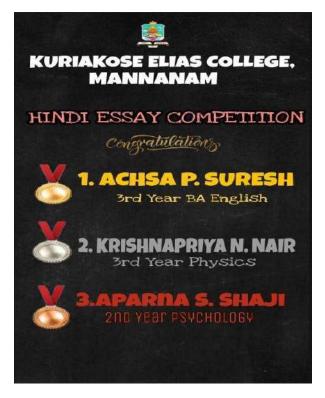
### **Essay Writing Competition**

The Department of Hindi organized an Essay Writing Competition in Hindi in association with HINDI DAY CELEBRATIONS on 14/09/2021. The program got good participation from students of various departments of K. E. College Mannanam. The competition was opened to all the students of K. E. College, Mannanam. The topic for the Essay was "ADVANTAGES AND DISADVANTAGES OF ONLINE CLASSES".











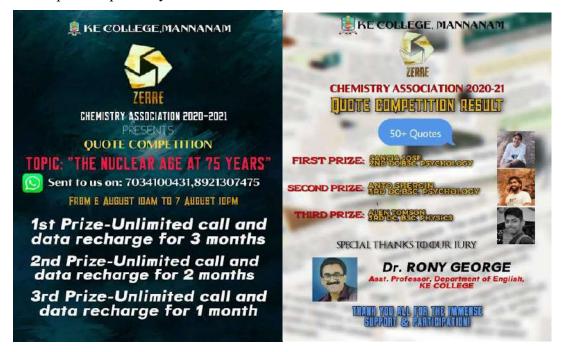


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### Academic Year: 2020-2021

### **Quote Competition**

An online interdepartmental quote competition related to Hiroshima, Nagasaki days was conducted by Chemistry Association "Zerre" on the topic "Nuclear age at 75 years". 50 participants from various departments sent their entries. Prizes were distributed on Hiroshima day, 9th August. Sancia Jose, 2nd dc Psychology, Anto Shergin, 3rd dc psychology &Alen Thomson, 3rd dc physics secured first, second & third prize respectively.



### **Sports Quiz**

National Sports Day is a special occasion to make the nation more educated towards the importance of being fit and healthy. To spread awareness on the importance of sports, Chemistry association "Zerre" conducted an online inter college sports quiz competition on 29th August (National sports day).70 participants from different colleges around Kerala participated. The competition was held in two rounds in which 16 participants were selected for final round. Ajesh Anto, St. Gregorous college Kollam, Akshay Shankar, K.E. College Mannanam and Hari Kumar from K.E. college Mannanam secured first second and third price respectively.





## **Observance of World Heart Day**

World Heart Federation (WHF), and World Health Organization (WHO) had announced **World Heart Day**, observance and celebration on September 29 to increase public awareness of cardiovascular diseases, including their prevention and their global impact. In connection with world heart day celebration chemistry association "Zerre" organised an online international health webinar on 29th September 2020. **Session 1** was handled by Dr.Jayaram Vijayakrishnan, higher scientific officer, institute of Cancer research, Sutton, UK on the topic "genetic basis of multifactorial diseases perspective from cancer". He briefly described the causes, precautions and remedies of genetically inherited diseases. **Session 2** was taken by Dr.Pleasan Joy, MBBS MD ,medical officer ,family health centre, udayanapuram on the topic" intoxication problems and remedies". The speaker emphasized the need to stay away from the evil habits like alcohol, narcotics, cigarette smoking etc. for a better tomorrow.



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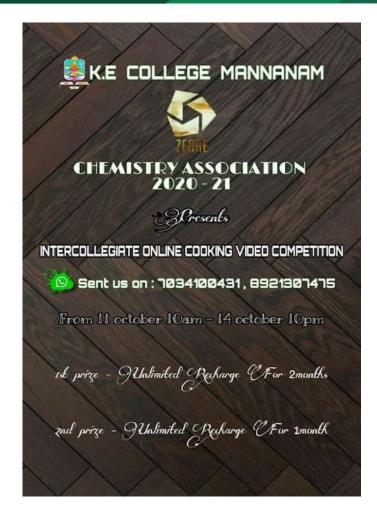
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## **Online Cooking Video Competition**

In association with world food day on October 16th Chemistry association "Zerre" organized an inter collegiate online cooking video competition to promote global awareness and action for those who suffer from hunger, and to highlight the need to ensure healthy diets for all. Out of the seven entries Shein Raju of St. Thomas College Kozhencherry secured first prize and Jesue tresa Joseph of Ettumanoorappan College secured second prize.

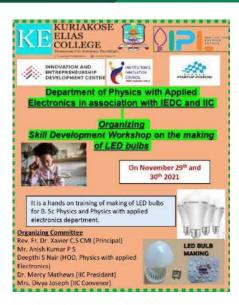




## Led Bulb Assembling Workshop

We people waste a lot of energy in our daily usage either by not turning the lights off when not in use or by utilizing old and inefficient appliances that consume large amount of energy or by not switching off the vehicle engine when the light is long. Energy needs to be conserved not only to cut costs but also to preserve the resources for longer use. For this, the department of Physics with applied electronics in association with IEDC and IIC conducted a two-day workshop on "LED Bulb making", on 29<sup>th</sup> November 2021, as an initiative for the conservation and preservation of energy and resources for longer use.





Rev Fr Dr Xavier C S CMI, Principal of K E College inaugurated the training program. Mr. Anish Kumar P.S, Assistant Professor Dept of physics with Applied Electronics conducted the workshop for the students of B.Sc. Physics with Applied electronics department. Around 20 students participated in the workshop. The students were familiarized about the component of LED bulb and their assembly. They made LED bulb individually and made it a successful one.



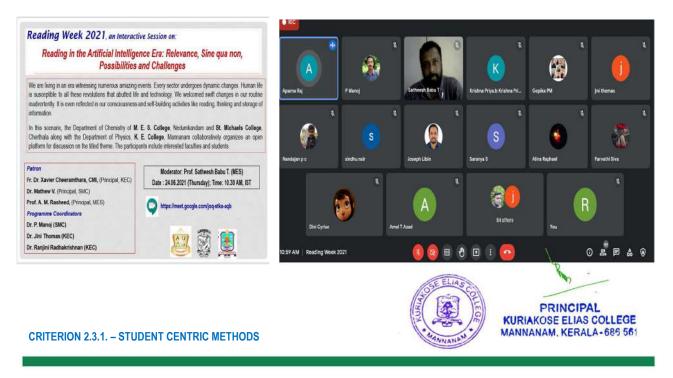


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#### **Reading Week Celebration**

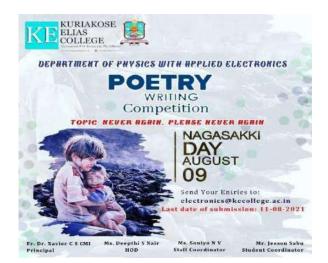
As part of Reading week celebration, an interactive session was conducted by the Department of Physics, **K. E. College**, Mannanam in collaboration with the Department of Chemistry of **St. Michaels College** Cherthala **and M. E. S. College**, Nedumkandam on 24-06-2021 at 10:30. AM.



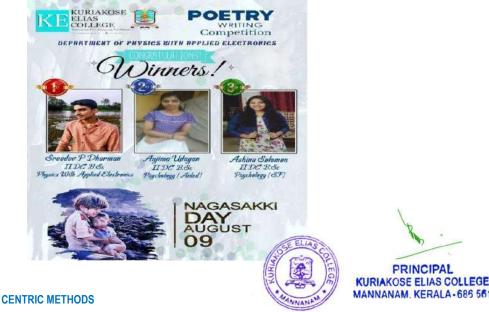
It was an open platform for students as well as teachers of the three colleges based on the titled theme. The program was held through Google meet and there were 100 participants. Both students and teachers actively participated in the discussion.

#### Nagasakki Day

In connection with Nagasakki day students and teachers of department of Physics with Applied Electronics, K.E. College, Mannanam has organized Poetry Writing Competition "Never again, please never again" on 9<sup>th</sup> August 2021. This competition was mainly conducted to promote peace and create awareness about the threat of nuclear weapons through their poems.

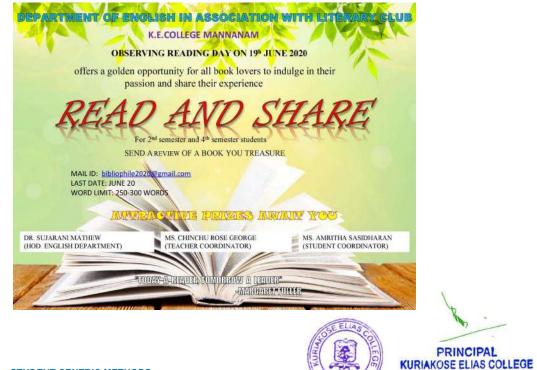


Sreedev P Dharman, II DC Physics with Applied Electronics has secured first prize. Anjima Udayan, II DC B.Sc. Psychology (aided) has secured second prize Ashina Solomon, II DC Psychology (SF) has secured third prize. Students did remarkable work and enjoyed their creativity and imagination.



#### **Book Review Competition**

The Literary Club of Kuriakose Elias College (2020-2021) began the year by observing the national reading day – June 19 – to honour the father of the library movement in Kerala, P. N. Paniker, whose death anniversary is on the same day. Literary Club in collaboration with the English department of the college, held an online book review competition to commemorate the day and it also helped the students to know about the importance of reading. It was because of the COVID-19 crisis, the club chose a digital medium to hold the competition and the participation was satisfying. The competition was announced on June 14 by releasing a brochure which includes the details of the competition. The students who were interested in participating were asked to submit a review of any book they read. The review must be of their interpretation of the book and the word limit was fixed as 250-300 words. It must be submitted via mail to the email ID bibliophile2020@gmail.com . Last date was June 20 and the entries were submitted for free of cost. 25 entries were submitted in total. Each one of it enclosed the given priorities. Students wrote reviews on books like The Alchemist, Moby Dick and so on. Results were announced on June 30, 2020. Sandra Raj of the Physics department (2<sup>nd</sup> DC) secured the 1<sup>st</sup> place with her review of the book Anna Karenina, 1878 novel by Leo Tolstoy. Dr. Sujarani Mathew, Head of English Department, Ms. Chinchu Rose George and Ms. Arya Raju, Teacher Coordinators of the literary club, were in the judging panel.



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#### Academic Year: 2019-2020

#### World Environmental Health Day Celebration

On 30th September 2019, the Botany Department of Kuriakose Elias College, Mannanam, observed World Environmental Health Day with an invited talk. The program included competitions to engage students creatively and to promote environmental health awareness. The invited talk on "Maintaining Environmental Health" was scheduled at 10:00 AM in the College Auditorium, featuring Dr. Prakash Kumar from DCDC, M.G University, as the speaker.



Dr. Kumar addressed the critical aspects of maintaining environmental health, discussing the impacts of pollution, climate change, and unsustainable practices on human health. He emphasized the importance of individual and collective actions in promoting a healthier environment. The talk was well-received, with attendees gaining valuable insights into the significance of environmental health and practical steps they can take to contribute to a sustainable future. The poster making competition took place in the afternoon session with the theme "Burning Lungs, Shrinking Kidney, Tired Mother." Students from various departments participated, and the judging criteria included creativity, relevance to the theme, clarity of message, and visual appeal. The competition saw enthusiastic participation, with students creating impactful posters that conveyed the dire consequences of environmental degradation on human health and the planet. These posters were, raising awareness among the broader student body. Waste Material Craft Competition witnessed active participation from students of different departments, using waste materials such as plastic



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bottles, old newspapers, cardboard, and metal scraps to create their crafts. The judging criteria included creativity, effective use of waste materials, aesthetic appeal, and functionality.

#### Invited Talk- Career Opportunities in Life Sciences

The event commenced with a warm welcome speech delivered by Ms. Deepa Mary Joseph, Assistant Professor of the Botany Department. She expressed her enthusiasm for the event and



highlighted the importance of exploring career opportunities in botany. She welcomed all the attendees and set a positive tone for the session. Dr. Mathews T. Thelly, Head of the Department of Botany, introduced the distinguished speaker, Prof. Joby Joseph, HOD, Department of Botany, St. George College, Aruvithara. The presidential address was delivered by Dr. Antony Thomas, Principal, Kuriakose Elias College, Mannanam. Prof. Joby Joseph covered a broad range of topics, like the relevance and application of botany in various industries such as agriculture, environmental management, and pharmaceuticals. He detailed numerous career paths available to botany graduates, including research positions, teaching roles, ecological consultancy, horticulture, botanical gardens, and conservation projects.

As an added advantage he highlighted emerging trends and opportunities in botany, such as biotechnology, genetic engineering, and sustainable agriculture, which are creating new avenues for botany professionals. He provided practical advice on how to prepare for and secure jobs in various sectors related to botany. The session was highly interactive and engaging, with attendees expressing their appreciation for the valuable information shared by the resource person.



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The event was wrapped up with closing remarks by Ms. Midhila Baby, Assistant Professor, Botany Department, who thanked Prof. Joby Joseph for his enlightening talk and all attendees for their participation.



#### Academic Year: 2018-2019

#### Psycho Day – Alumni Meet

The Alumni meet and greet of Psychology Department of K.E. College, Mannanam, "The Psycho day" was held on 9<sup>th</sup> February, 2019 at the main auditorium of K. E. College. Fr. Johnson Joseph (HOD, Dept. of Psychology) welcomed the gathering, followed by the presidential address given by Dr. Antony Thomas (Principal, K E College).

The inaugural address was given by the Rev. Fr. Sebastian Chamathara CMI (Former HOD Dep. Of Psychology). The keynote address was given by Rev. Fr. Leju CMI, followed by felicitations of Fr. Scaria (Manager, K E College), Mr. Aneesh Avira (PAAM Executive), Dr. Sr. Shobana Michael (HOD, Dept. of Psychology (Self Financing), Mrs. Mitha Babu (Faculty, Dept. Psychology, KEC), and Ms. Sisira Raj (Student representative, Dept. Psychology. KEC). The program was made colourful by various cultural events. The audience were given a musical treat by the students of the department. The members of the PAAM also had an interaction session with all the students. It was a very fun filled and enthusiastic session





#### **Exhibition – "CHEM EXPO"**

Students of Research and Post Graduate department of Chemistry organized an exhibition 'CHEM EXPO' on 22<sup>nd</sup>& 23<sup>rd</sup> of January 2019 which enabled them to explore the exciting world of Chemistry. About 20 exciting experiments were demonstrated by the students of Chemistry department. Students from St. Ephrem's School, Mannanam visited the Expo. Water analysis and blood group detections were also done by the students in connection with the fest. A food festival was also hosted by the students during the occasion.









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### LIFE STYLE MANAGEMENT CLASSES-FOOD FEST

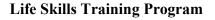


#### **Teacher Training classes**

Selected students from PG & UG departments took various classes for 9th and 10th class students of St. Ephrem's HSS, Mannanam.



Teaching Experience classes at St.Ephrem's HSS



Life skills training program is an important activity of the department which gives ample chances for the students to learn psycho social skills as well as organizational skills. In the academic year 2018 – 2019, the department of Psychology organized training programs on life skill development for the students in the nearby schools and colleges. The program was conducted by a team of students along with faculty. The students undergone practice sessions by the teachers about the theoretical background of life skill which included different types of life skill (soft skill and hard skills), life situation where we need to express these skills such as interviews and many more. Apart from these topics the session also covered some practical skills like handling a team, work with a team and so on which is necessary for a trainer to conduct a training program.

On 23<sup>rd</sup> November 2018 the department organized training program for students of Higher secondary model school Kanakary, Ettumanoor. The openness, active participation of every participant and from the feedback collected made awareness and importance of such training program especially in schools nearby the colleges that is staying in rural part.

On 3<sup>rd</sup> December 2018 Life Skills Training programme was conducted at St. Ephremes Higher Secondary School Mannanam. This addition skill training benefited the students who conducted the training program, as they could face the practical difficulties, build a self-awareness, and create a large amount of confidence in one's own skill, many of the volunteered training students, planned to peruse the skill training in more detailed and scientific way in their further studies. A brief hypnosis was also demonstrated during the sessions, by the faculty members with the volunteered participants, which paved a lot of attention as well as cleared all the mis concepts about hypnosis.

On January 28<sup>th</sup> 2019 life skills training program was conducted at St. Josephs school Mannanam for the primary school students. Fr. Johnson Joseph conducted an orientation session for the students at BK College Amalagiri on 2<sup>nd</sup> March 2019.

#### Suicide Prevention Day- September 10 2018

The Department of Psychology conducted an awareness program about suicide prevention in the academic year 2018- 2019. There was a signing program tagged "#LIVE NOT LEAVE", where the meaning of life and awareness about how to prevent suicide was also given.



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World suicide prevention day was inaugurated by Fr. Joby Mukalel CMI vice principal of the college. This was followed by an awareness class about suicide prevention. More than 800 people participated in the signing camp.

#### Inter collegiate quiz competition ·

An inter collegiate quiz competition was organized as part of National Statistics Day Celebrations on 29<sup>th</sup> June 2018.



The Department association arranged a talk on "Scope and Career Opportunities in Statistics" by Dr. Stephy Thomas, HOD of Statistics, B.C.M College, Kottayam on 7<sup>th</sup> September 2018.





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#### Seminars

A seminar on "Application of Statistics in Clinical Industry" in association with Alumni was conducted on Nov 1, 2018. Ms. Devi Gopalakrishnan, Senior Manager, PPD, Bangalore was the resource person. After that there was a fruitful interaction with PG students.



The Department hosted a five-day workshop on Curriculum Restructuring in collaboration with Board of Studies, M.G University, Kottayam during December 17<sup>th</sup> to 21<sup>st</sup>, 2018. Honourable Vice Chancellor Dr. Sabu Thomas inaugurated the workshop. 27 faculty members from various colleges under MG University and some of our final year PG were actively participated in the workshop.



A one day workshop on 'Data Science Using R' was organized on 1-03-2019. It was an online course offered by an American Company 'Data Camp'. They offer interactive R, Python, Sheets, SQL and shell courses. Here we conducted a four-hour duration program "Basics on R". All the PRINCIPAL

participants successfully completed the course and the certificates were distributed by our Principal Dr. Antony Thomas and IQAC Co-Ordinator Dr. Mathews T. Thelly. In the last Session we conducted a test based on the workshop topic. Mr. Tijo Mathews, our own faculty member, was the resource person.





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