

KURIAKOSE ELIAS COLLEGE MANNANAM

Affiliated to Mahatma Gandhi University, Kottayam www.kecollege.ac.in | kecollegemnm@gmail.com



Criterion - III

Research, Innovation and Extension

3.4: Extension and Outreach Activities

3.4.3.

Extension and Outreach Programs - 2021-2022





EXTENSION ACTIVITIES CONDUCTED DURING THE ACADEMIC YEAR 2021-2022

SI No	Name of the Activity	Year of the Activity	Supporting Document
1.	Campus Outreach program on Energy Conservation (E-SMART)	2022	3
2.	Puthunampu – Distribution of plant saplings	2022	6
3.	Review Writing, Slogan and Placard competition against drug abuse and illicit trafficking	2021	11
4.	Distribution of Educational Materials in Kozhimala Tribal Community	2021	12
5.	Online Photography Competition	2021	17
6.	Online Poster Competition	2021	19
7.	Training Parents of Lower Primary Schools in the locality	2021	24
8.	Awareness program for mothers – promoting breastfeeding	2021	24
9.	Flashmob at Nagampadom Bus stand and Railway station for AIDS awareness	2021	26
10.	Training programme at Sathirthya Special School	2021	29
11.	Mime on Drug addiction awareness, Personal Hygiene & Safety Measures against Corona Virus among Migrant labourers	2021	34
12.	Library Setting - St. Joseph's UP School Mannanam	2022	35
13.	Mannanam Jetty –Chavara Kadavu Cleaning Campaign	2022	37
14.	Flood relief activities at Koottikal and Mundakayam	2021	41
15.	Cleaning of classrooms and School campus at Sree Narayana Vilasam Lower Primary School, Mannanam	2021	42
16.	Cycle Rally to reduce the use of Motor Vehicles	2021	45
17.	Anemia Campaign – webinar	2021) //48



Kuriakose Elias College, Mannanam



18.	Start up and Leadership Training programme	2022	52
19.	Workshop on Women Entrepreneurship	2022	53
20.	Awareness Class on Internet Addiction and Online	2021	55
	Abuse at St. George School Kaippuzha		









1. Campus Outreach Programme on Energy Conservation (E-SMART)

Date of the event & Time: 20 th January 2022 at 2PM

Platform : offline (At St. Augustine Higher Secondary School, Karimkunnam)

Name of the event. : Making of the Best Energy Efficient Light Bulb - LED

Number of participants: 24

We people waste a lot of energy in our daily usage either by not turning the lights off when not in use or by utilizing old and inefficient appliances that consume large amount of energy or by not switching off the vehicle engine when the light is really long. Energy needs to be conserved not only to cut costs but also to preserve the resources for longer use.

For this, the Department of Physics with Applied Electronics and Department of Computer Applications in association with IEDC and IIC conducted one day workshop on "LED Bulb making", on 20 th January 2022 at 2PM at St. Augustine Higher Secondary School, Karimkunnam as an initiative for the conservation and preservation of energy and resources for longer use.

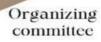


Mr. Anish Kumar P.S, Ms Sruthy S, Ms Sunu Ann Thomas, Mr Manu P Rajan Assistant Professors, Dept of physics with Applied Electronics, K.E College, Mannanam, conducted the workshop for the Electronics students. Around 24 students participated in the workshop.

The students were familiarized about the component of LED bulb and their assembly. The students made the LED bulb individually and made it a successful one. The teachers of K.E College, Mannanam handed over the LED bulbs assembled by the Electronics students to the principal of St. Augustine Higher Secondary School, Karimkunnam Mr. U.K Stephen to



promote the usage of LED Bulbs in Schools and among Students.



Rev. Fr. Dr. Xavier C CMI Principal

Rov. Fr. Biju Thekkekuttu CMI Bursar

Prof. Major Johny Jomas Excecutive course Coordinato

Ms. Deepthi. S. Nair
HOD Physics with applied electron
Ms. Dhys. S. Nair
HOD Computer Applications
Ms. Sruthy. S
Mr. Anish Kumar PS
Ms. Sunu Ann Thomas
Mr. Manu P Rajan
Ms. Anitta T Manuel
Fr. Siju Edosseryparambil CMI
Ms. Josmin Joseph
Ms. Ann Marie Jase
Ms. Ann Marie Jase

Student coordinators

Vivek S

Joel Jose

Anagha MS

TOPIC: MAKING OF THE BEST ENERGY EFFICIENT LIGHT BULB - LED

@

ST. AUGUSTINE HIGHER SECONDARY SCHOOL, KARIMKUNNAM

ON 20TH JANUARY 2022 , 2PM

WITH







CAMPUS OUTREACHMENT PROGRAM ON ENERGY CONSERVATION (E-SMART)

ORGANIZED BY

DEPARTMENT OF PHYSICS AND APPLIED ELECTRONIC

&
DEPARTMENT OF COMPUTER
APPLICATIONS



List of Teachers who conducted LED bulb assembling workshop at St. Augustine

Higher Secondary School, Karimkunnam

1. Mr. Anish Kumar P.S

Assistant Professor,

Department of Physics with Applied Electronics,

K.E College, Mannanam.







2. Ms. Sruthy S

Assistant Professor,

Department of Physics with Applied Electronics,

K.E College, Mannanam.

3. Ms. Sunu Ann Thomas

Assistant Professor,

Department of Physics with Applied Electronics,

K.E College, Mannanam.

4. Mr. Manu P Rajan

Assistant Professor,

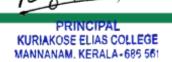
Department of Physics with Applied Electronics,

K.E College, Mannanam.



Deepthi S Nair, Head of the Department



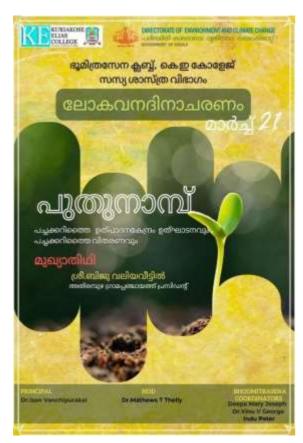




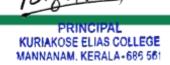


2. Puthunampu – distribution of plant saplings

"Puthunampu" is an extension programme conducted by Bhoomitrasena Club in association with the Department of Botany, KE College, Mannanam as a part of "World Forestry Day Observation" on March 21st 2022. This programme was officially inaugurated by Shri. Biju Valiyamalayil (Athirampuzha Grama Panchayat President) who emphasized returning back to organic farming as the need of the hour. A set of 25 seedlings of 5 different vegetables was distributed to 50 households around college. A pamphlet of instructions on sowing and raising the vegetables were also distributed along with. The student members of Bhoomitrasena club also provided awareness on the importance of organic farming. Details of each household were also collected. A WhatsApp group created to address all the difficulties aroused during the growth of the plants. This group also served as a platform to update the status of vegetable seedlings.







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3









കെതു കോളജ് ഭൂമിത്രസേന ക്ലബും സസ്യശാസ്ത്ര വിഭാഗവും സംയുക്തമാ തി നടത്തുന്ന പുതുനാമ്പ് പദ്ധതി അതിരമ്പുഴ പഞ്ചായത്ത് പ്രസിഡന്റ് ബിജു വലിയമലയിൽ കോളജ് ബർസാർ ഫാ.ബിജു തോമസ് സിഎംഐകു പമ്പുക്കറിത്തൈകൾ നൽകി ഉദ്ഘാടനം ചെയ്യുന്നു.

പച്ചക്കറിത്തെ വിതരണം

കോട്ടയം: ലോക വനദിനാചരണ ത്തോടനുബന്ധിച്ചു കെ.ഇ. കോ ളജ് ഭൂമിത്രസേന ക്ലബും സന്ധ്യ ശാസ്ത്ര വിഭാഗവും സംയുക്ത മായി പുതുനാമ്പ് എന്ന പേരിൽ എക്സ്റ്റൻഷൻ പ്രോഗ്രാം നട ത്തി. ഇതിനോടനുബന്ധിച്ചു സ മീപ്പ്രദേശത്തുള്ള വീടുകളിൽ സൗജന്യമായി പച്ചക്കറിത്തൈ കൾ വിതരണം ചെയ്തു.

അതിരമ്പുഴ പഞ്ചായത്ത് പ്ര

സിഡന്റ് ബിജു വലിയമലയിൽ ഉ ദ്ഘാടനം ചെയ്ത പതിപാടിയി ൽ കെ.ഇ. കോളജ് പ്രിൻസിപ്പൽ ഡോ. ഐസൻ വി. വഞ്ചിപ്പുര യ്ക്കൽ, പഞ്ചായത്ത് മെമ്പർ ഷാ ജി ജോസഫ്, കോളജ് ബർസാർ ഫാ. ബിജു തോമസ് സിഎംഐ, ഡോ. മാത്യൂസ് ടി. തെള്ളി, ഭൂമി ത്രസേന ഫാക്കൽറ്റി ഇൻ ചാർ ജ് പ്രഫ. ദീപ മേരി ജോസഫ് എ

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Sl. No.	Student Name	College	Admission No
1	AGI MARIYA TOMY	3 rd Botany, KE College	38956
2	AJILA V.S.	3 rd Botany, KE College	39097
3	ARATHY SAJI	3 rd Botany, KE College	39148
4	ARCHANA S. NAIR	3 rd Botany, KE College	38997
5	ASHA JOSE	3 rd Botany, KE College	39057
6	ASHLY E.S.	3 rd Botany, KE College	38723
7	AVANI JAIMON	3 rd Botany, KE College	39073
8	GAUTHAM KRISHNA S.	3 rd Botany, KE College	38818
9	JINEESHA R.	3 rd Botany, KE College	38749
10	KESIA MARIYA VARGHESE	3 rd Botany, KE College	38894
11	SAIN JOHNY	3 rd Botany, KE College	39125
12	SANDRA S. NAIR	3 rd Botany, KE College	39115
13	AISWARYA V. ANOOP	3 rd Botany, KE College	39043
14	AKSHAYA APPUKUTTAN	3 rd Botany, KE College	39061
15	ALEENA JESS CYRIAC	3 rd Botany, KE College	38936
16	ALEESHA SIBY	3 rd Botany, KE College	39083
17	ALEX RAJU	3 rd Botany, KE College	39002
18	AMMU S.	3 rd Botany, KE College	38968
19	ANANDHU BINEESH	3 rd Botany, KE College	39059



Kuriakose Elias College, Mannanam



20	ASWIN K.O.	3 rd Botany, KE College	39119
21	ASWIN SHAJI	3 rd Botany, KE College	39118
22	DEVI MANU	3 rd Botany, KE College	39065
23	DIYA ANNA ANIL	3 rd Botany, KE College	38830
24	GANGA JAYACHANDRAN	3 rd Botany, KE College	38753
25	HARSHA K.J.	3 rd Botany, KE College	39015
26	SHERIN JOSEPH	3 rd Botany, KE College	38914
27	AKSHAY PRASAD	3 rd Botany, KE College	39169
28	DEVIKA SURESH	3 rd Botany, KE College	39162
29	RAHUL SHAJI	3 rd Botany, KE College	39159
30	ABHIRAM HARISH	2 nd Botany,KE College	39523
31	ABHIRAM K VINOY	2 nd Botany,KE College	39448
32	ADITHYA T VINOD	2 nd Botany,KE College	30410
33	ARUNIMA KISHOR	2 nd Botany,KE College	39525
34	ASRAYA.K.DEVASIA	2 nd Botany,KE College	39458
35	DEVANANDANA S	2 nd Botany,KE College	39405
36	ADITHYAN S NAIR	2 nd Botany,KE College	39459
37	AKASH KS	2 nd Botany,KE College	39537
38	ANCY THOMAS	2 nd Botany,KE College	39207
39	ANJALY JOSE	2 nd Botany,KE College	39535
40	ASWIN C SHIBU	2 nd Botany,KE College	39475
41	BIJOMON STEPHEN	2 nd Botany,KE College	39503
42	HARIKRISHNA V S	2 nd Botany,KE College	39521
43	JEEVA JOHN	2 nd Botany,KE College	39560
44	KARTHIK K BINOD	2 nd Botany,KE College	39460
45	MARIA SONY	2 nd Botany,KE College	39323
46	MEENU S KUMAR	2 nd Botany,KE College	39288
47	ROJIN CHACKO	2 nd Botany,KE College	39633
48	SARANG SANTHOSH	2 nd Botany,KE College	39387
49	SUJAMOL K B	2 nd Botany,KE College	39371
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Kuriakose Elias College, Mannanam



50	VIDHYA P KRISHNA	2 nd Botany,KE College	39548
51	VISHNU AJITH	2 nd Botany,KE College	39267
52	ABHIRAM HARISH	2 nd Botany,KE College	39523
53	ABHIRAM K VINOY	2 nd Botany,KE College	39448
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72	VIDHYA P KRISHNA	2 nd Botany,KE College	39548
73	VISHNU AJITH	2 nd Botany,KE College	39267









3. Review writing, Slogan and Placard competition, against Drug Abuse and Illicit Trafficking

By resolution 42/112 of 7 December 1987, the General Assembly decided to observe 26 June as the International Day against Drug Abuse and Illicit Trafficking as an expression of its determination to strengthen action and cooperation to achieve the goal of an international society free of drug abuse. The theme of the 2021 International Day Against Drug Abuse and Illicit Trafficking 'Share Facts On Drugs' Save Lives, aims at combating misinformation and promotes sharing the facts on drugs from health risks and solutions to tackle the world drug problem, to evidence-based prevention, treatment, and care. As part of this day, Social work department of Kuriakose Elias College Mannanam in association with Mary Matha Public school Edakkunnam, Mathrubhumi Seed and Vimukthi Kottayam had conducted Competitions on Review writing, quiz, placard and slogan competition on the topic "Share facts on drugs and save lives". The programme was coordinated by TSW Dixy Maria Gireeshand TSW Sheenu k Aniyan which was conducted through google meet on 26th June 2021 (10 a.m.). The programme was inaugurated by Mr Abu Abraham (Assistant excise commissioner, Kottayam district Vimukthi coordinator). The aim of the programme was to raise awareness about drug abuse and illicit trafficking among students and to prevent their use. About 112 people participated in the programme. Certificates were given to all the children who participated in the competitions.











4. Distribution of Educational Materials on Malala Day

As part of observing MALALA Day PG Department of Social Work, KE College Mannanam in association with ASWEM conducted a community programme for DistributingEducational materials in Kozhimala tribal community on 21st July 2021, Wednesday at 11:00pm. The





money for the study materials was raised through the One Notebook campaign organized by social work students. Children's magazines were also received in collaboration with Manorama. During the covid pandemic situation, a small group of teachers and students went to Kozhimalai and the student group interacted with Sri. Balan, who is the young king of Kozhimalai. Student Coordinators of the programme were TSW Amrutha TS and TSW Megha George.

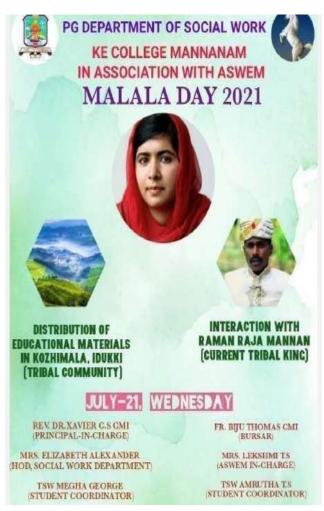
Kozhilmala is the headquarters of Mannan community which preserves certain customs, traditions and form of governance that make them a unique tribal unit. The system of governance here is a democratic - monarchy in which a king is elected by the people to rule. The dynastic succession is through the matrilineal system of inheritance by which the properties are inherited by the nephew. The administration of Mannan community inhabited here is held by Raja Mannan (King of Mannans), the title given to the elected king. He holds the responsibility to take care of the other 42 Kudis (settlements) spread over the various parts of Idukki district. Today, these Kudis are located in places like Kumali, Adimaly, Vathikudy, Maniyarankudy, Machiplavu, Korangatti, Kattappana, Murickassery, Thopramkudy, Nedumka ndam, Mankulam, Irumpupalam etc. The king has a council of 9 ministers named Kanis (community leaders) who assist him to settle the disputes regarding marriage, divorce, internal and external affairs. Annual meetings are held every year for the leaders whorepresent various kudis. These Kanis are also responsible to elect a new king after the death of any king. The current king of this community is 'Raman Raja Mannan', an economics graduate from Maharaja's college in Ernakulam, who ascended the throne following thedemise of his uncle 'Ariyan Raja Mannan', the 16th king of this tribal dynasty. It is believed that the Mannan community were the warrior tribe of Pandyan lines, fled to the forest interiors of Idukki at time of the prolonged war between Cheras and Cholas in ancient Tamilakam. Today, they host an annual festival named 'Kalavoottu' as a tribute to nature for providing sufficient harvest. An 'Adivasi Koothu' is also conducted with the Kalavoottu festival which is primarily associated with the Kovalan-Kannagi story, mentioned in the famous Tamil literary work 'Silappatikaram'. It is also organized during the death ceremonies of kings and at times of official annual meetings.

It was really a fruitful programme. It really helps to understand the life situations of kozhimala village. TSW. Amrutha T.S delivered the welcome speech in this meeting. Fr. Dr. Xavier CS CMI delivered the presidential address and Fr. Biju Thomas delivered felicitation to this meeting. Ward member Mr. Anandan shared his memories about the village. Tribal king Mr.





Balan speaks about the heritage and history of their village. TSW.Fr. Ligin Abrahamdelivered the vote of thanks.













PG Department Of Social Work

Participation List

Venue:

Program: MALALA DAY

Date: Time:

Sl.No.	Name	Signature
1.	Abhijith Chandran	DistA 1
2.	Akhila Chandran	Attila
3.	Albert	
4.	Amala N T	Attest.
5.	Anangha Anu	O make Day o
6.	Arya Maheshkumar	Amela. Degalekshmë
7.	Aswathy	Aswatty
8.	Chris	Chis.
9.	Dona	One.
10.	Karthika Sreekumar	Kastikale
11.	Kavya Suresh	Mange 8
12.	Lakshmi Chandana	L okshmid
13.	Sreejith M	Eught.
14.	Sheldin Mathew	Englis . Salliolahar
15.	Pranav Vijayan	Ramon
16.	Stella	Au a
17.	Vineetha Vinod	Orieta.

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18,	Sandra Mariya	Secretor -
19.	Vyshna	Abpour
20.	Maseli Bokang	Vysus
21.	Albert Thomas	spert.
22.	Aleena Joseph	Albert. Deena
23.	Amal Joy	entol
24.	Alfiya P Shams	Alaba
25.	Amala Rose Joseph	Anda.
26.	Amrutha T S	1 mouthos
27.	Anjaly Rosa Jose	Anjaly
28.	Anjana Baby	Dagaria
29.	Anna Saju	Annseger.
30.	Arun V Nair	Axun:
31.	Chanchal G	Chambelly.
32.	Chelssiya K S	Alica .
33.	Dani P Biju	Dije Davodi
34.	Dijo Davis	Dije Downs
35.	Dixy Maria Gireesh	Dojllana
36.	Jayalakshmi C	Jaljalakoh
37.	Jeena M B	jeina.
38.	Jesline Mathew	Jeena. Jeshis blake 2 Fool: Kunsi.
39.	Joel San George	7008.
40.	Kaveri Saji	Ruege .





5. Online Photography Competition on World Environment Day

World Environment Day is celebrated annually on 5 June and is the United Nations' principal vehicle for encouraging awareness and action for the protection of the environment. It provides a global platform for public outreach, with participation from over 143 countries annually. As part of environment day celebrations, the Post Graduate Department of Social Work conducted an online photography competition on 5th June 2021. It received positive responses from various colleges including the students from K E College. After that competition students of the Department of Social Work created a video with the collage of those photos. The programme was a great success.

PG Department Of Social Work Participation List

Venue: Program:	KNUIRONHENT	DAY
Date:		
Time:		
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Time:		1401
St.No.	Name	Signature
1.	Kaveri Saji	Kause .
2.	Kripa A J	Koure -
3.	Krishnendu S	trustone vade
4.	Ligin Abraham	Lyus
5.	Mariya Pascal	Roya Di
6.	Megha George	NegRT.
7.	Riya Tomi	Roya 52
8.	Sandra K George	- Bodie
9.	Dona	@
10.	Karthika Sreekumar	To elfiha Salama
11.	Kavya Suresh	Kashin
12.	Lakshmi Chandana	Later ton
13.	Sreejith M	- Beepath
14.	Sheldin Mathew	Karthe Sand
15.	Pranav Vijayan	- Room
16.	Stelln	Sto lle
17.	Vincetha Vinod	Vinietationed

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18.	Sandra Mariya	Sucha
19.	Vyshna	Sercha Vogeloog
20.	Maseli Bokang	10000 0d
21.	Albert Thomas	- 11 T.7
22.	Aleena Joseph	Amel
23.	Amal Joy	Down &
24.	Alfiya P Shams	77.000
25.	Amala Rose Joseph	- Ameli Book
26.	Amrutha T S	ARJax Argan.
27.	Anjaly Rosa Jose	ARJax
28.	Anjana Baby	Agrin.
29.	Anna Saju	amagaji
30.	Arun V Nair	Des.
31.	Chanchal G	@far hal
32.	Chelssiya K S	do
33.	Dani P Biju	Die Parist
34.	Dijo Davis	DijoDaniet
35.	Dixy Maria Gireesh	Dixphona
36.	Jayalakshmi C	Jula Lod
37.	Jeena M B	Deena
38.		Josef St.
39	. Joel San George	To a LSG
40	, Kaveri Saji	Knusisti

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41.	Kripa A J	Knight
42.	Krishnendu S	Brishnembre.
43.	Ligin Abraham	Liguid broken
44.	Mariya Pascal	MaraP
45.	Megha George	Meillense
46.	Riya Tomi	RyoTong
47.	Sandra K George	Sandroly
48.	Sheenu K Aniyan	- theener motor

6. Online Poster Competition on International Justice Day

World Day for International Justice is observed across the globe on July 17th every year to mark an emerging modern system of justice against international criminal acts. The theme forthe international criminal justice of the year is 'Social Justice in the Digital Economy' a timelytopic for the modern age where criminals are increasingly relying on advanced internet-basedmeans instead of traditional criminal tactics

As a part of observation of international justice Day TSW Anjaly Rosa Jose and TSW Riya Tomy had decided to conduct an intercollege online poster competition. TSWs had invited the students from different colleges to take part in this competition. The aim of the programme was to make people aware of the importance of this day. Rules and regulations were provided for the competition. All the participants strictly followed the rules. The deadline was till 15th July 2021. There were many entries in this competition. Out of which Chinnu k Joseph from

Assumption college got the first prize, and Varsha from Malabar college of engineering and technology got the second and Arjun from MGM College of Engineering and Technology got the third prize. Online certificates were distributed among the winners. The competition was

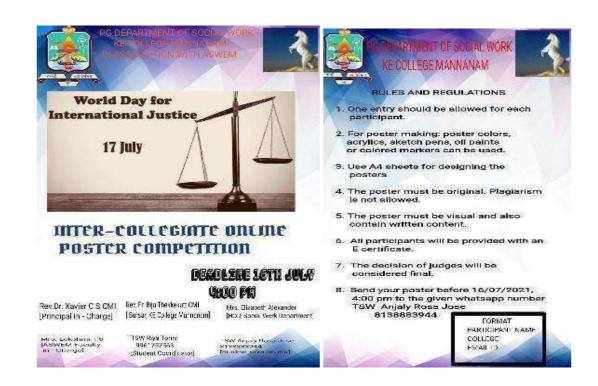


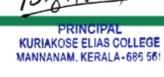


very successful because of the cooperation of our teachers, candidates who participated and our dear friends.

Criterias of the Competition

- 1. A group should consist of a maximum of two members.
- 2. Poster should be submitted in jpg format.
- 3. The poster content should be based on the theme.
- 4. The poster should be submitted on or before 15th July. The posters which submitted after the instructed time will be rejected.













INTERNATIONAL JUSTICE DAY

(Poster Competition Winners)



1st prze Crimia k Joseph Assumption College



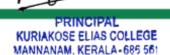
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and major Assistance MGC of College of Englisheding Al-Tookhalogy

CONGRATULATIONS









PG Department Of Social Work

Participation List

Venue:

Program: INTERNATIONAL JUSTICE DAY

Date: Time:

SI.No.	Name	Signature
1.	Maseli Bokang	Fatang.
2,	Albert Thomas	Albort .
3.	Aleena Joseph	
4.	Amal Joy	Aliana
5.	Alfiya P Shams	0.0
6.	Amala Rose Joseph	Sorula.
7.	Amrutha T S	-Amscotha.
8.	Anjaly Rosa Jose	Amsouther.
9.	Anjana Baby	Dasana.
10.	Anna Saju	Anna:
11.	Kavya Suresh	Kavy Suresh
12.	Lakshmi Chandana	Lakesons.
13.	Sreejith M	Sight.
14.	Sheldin Mathew	- cheldio
15.	Pranav Vijayan	Sight Sheldio:
16.	Stella	Fela: Vineitha Visial.
17.	Vineetha Vinod	Vinotha Vinos.



8.	Sandra Mariya	Gaixtoa .
19.	Vyshna	Saixtoa.
20.	Maseli Bokang	1
21.	Albert Thomas	Albert Thenses.
22.	Aleena Joseph	Albert Thense.
23.	Amal Joy	amel
24.	Alfiya P Shams	
25.	Amala Rose Joseph	Amala P.J.
26.	Amrutha T S	Amala R.J.
27.	Anjaly Rosa Jose	Agrily.
28.	Anjana Baby	Anjains.
29.	Anna Saju	Aona.
.30.	Abhijith Chandran	Shipto
31.	Akhila Chandran	Abyrtha.
32.	Albert	- About.
33.	Amala N T	Analla.
34.	Anangha Anu	· Anagha.
35.	Arya Maheshkumar	Axes-
36.	Aswathy	Analys
37.	Chris	Andrews .
·38.	Dona	Down
39.	Karthika Sreekumar	dostibes.
40.	Abhijith Chandran	Abrithe.

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7. Training of parents

National Parents Day is marked to appreciate the efforts of parents and their lifelong sacrifice. Parents provide mental, emotional, and financial stability to their children and make sure that they do not lack anything in life. Parents are the gift of God on Earth. Nobody can take their place in life. They play an important role in children's life. National Parent's Day is celebrated to promote responsible parenting and to recognize positive parental role models. The day also observes the special bond of love and care between parents and their children.

As a part of observing National Parents Day 2021, TSW Dijo Devis and TSW Aleena Joseph decided to conduct a training programme for parents of various Lower Primary Schools. As a pioneer step of this programme, the first year Trainee Social Workers were divided into 15 pairs and each group started to seek permission from school authorities.

By observing National Parents Day, each and every group of students successfully conducted their webinar by including the parents and school authorities of various Lower Primary Schools. The webinar was conducted by associating K. E College Mannanam and ASWEM with schools among various districts in Kerala. It was also a new experience for a majority of students. But as a result of the effective training towards them, everyone could easily deal with their responsibility. The main objective behind the programme is 'to give more idea to the parents about the parenting of the current pandemic situation'. Through the programme, parents were able to understand the need and importance of parenting as well as various waysto handle children. Majority of parents remarked this programme as a great informative session which helps their day to day activities.

8. Training of Trainers

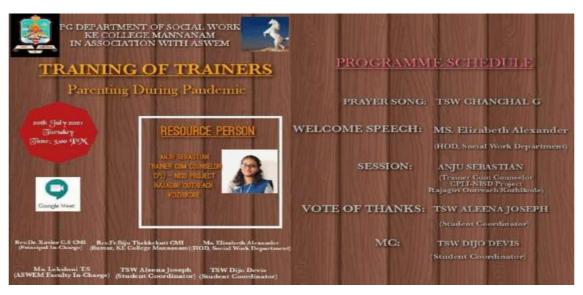
On 18th July 2021, the Trainee Social Workers made a list of groups by including the details of respected schools and the allotted date of their programme.

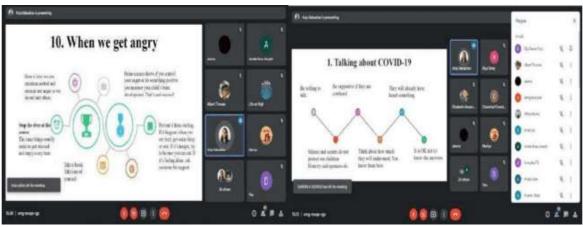
On 20th July 2021, an online training session 'Training of Trainers' was conducted for training the Trainee Social Workers. The programme started at 3 pm with a prayer song by TSW Chanchal. G, followed by a welcome speech delivered by Ms. Elizabeth Alexander, head of the social work department. The main aim of the programme was to generate the knowledge andguidelines to train the parents about the importance of right parenting in a pandemic. The session was effectively handled by the Resource Person, Ms. Anju Sebastian (Trainer cum Counsellor, CPLI – NISD Project, Government of India). During the session, the resource





person clearly explained about the problems faced by the children, how to manage children in an effective way and also about how to improve their social skills. After the session, a vote of thanks was delivered by TSW Aleena Joseph. Finally, as a part of expressing our gratitude towards the resource person, a certificate of appreciation was delivered by the department head, Ms. Elizabeth Alexander. Thus the training programme ended at 4:15 pm.





Sl. No.	Name of students	Name of the School	Date
1	Anjana Baby Kaveri Saji	St.Thomas L.P.S, Melukavumattom	28. 07. 2021
2	Albert Thomas Megha George	St. Joseph U.P.S, Mannanam	25. 07. 2021
3	Anna Saju Dixy Maria Gireesh	Govt. J.B.S, Kanniattunirappu	25. 07. 2021
4	Aleena Joseph	St. Marys L.P.S, Kanjikuzhy,	25.07.2021





	Joel San George	Idukki	
5	Arun V Nair Riya Tomy	St. Antony's U.P.S, Cherukara	25. 07. 2021
6	Alen Grace Jose Jeena M.B	Govt. U.P.S, Kumaranellur	27. 07. 2021
7	Chanchal G Jayalekshmi C	Kavunkal Panchayat L.P.S, Alappuzha	25. 07. 2021
8	Alfiya .P. Shams Mariya Pascal	Govt. U.P.S, Uzhuva, Cherthala	25. 07. 2021
9	Chelssiya K.S Jeslin Mathew	Govt. L.P.S, Mudiyoorkara	25. 07. 2021
10	Amal Joy Kripa A.J	R.I.L.P School, Edathirinj	31. 07. 2021
11	Dani P Biju ShironaMammarappallil	C.N.I.L.P School, Kottayam	25. 07. 2021
12	Amala Rose JosephSheenu K Aniyan	St. Augustines L.P School, Kudayathoor	25. 07. 2021
13	DijoDevis Ligin Abraham	St. Joseph L.P.S, Mannanam	25. 07. 2021
14	Amrutha T.S Sandra K George	St. Luge School, Kudamaloor	25. 07. 2021
15	Anjaly Rose Joseph Krishnendhu S	St. Joseph L.P.S, Mannanam	25. 07. 2021

9. Flashmob at Nagampadom Bus bay and Railway station on AIDS awareness

PG Department of Social Work, KE College Mannanam in association with ASWEM and KSACS jointly organized a programme on World AIDS Day. The main aim of this programme was to create awareness among public about AIDS, The KSACS plays a pivotal role in the state's strategy in competing the HIV / AIDS epidemic, It is an autonomous society registered under the Charitable Societies Act, with its members known from all key government departments to ensure greater flexibility and more effective programme management. Its workis supervised by a governing body shared by the Chief Secretary of the State. KSACS was formed to implement the National AIDS Control Programme (NACP) in the state. It works under the International AIDS Organization which is a part of the Ministry of Health and Family Welfare of the Government of India. Post Graduate Department of Social Work KE college Mannanam





in association with ASWEM and the department of social work BCM College Kottayam jointly participated in the programme conducted by KSACS. TSW of KE College Mannanam conducted a flash mob at Nagambadom bus stand and railway station forraising awareness about AIDS. TSW of BCM College Kottayam conducted a street play at the railway station about how AIDS spread among people and also they gave awareness about the cause and symptom of disease. The aim of the programme was not only to give awareness about the disease but also to show the support to the people who are suffering withAIDS at 10:00 am, TSW reached Nagambadom bus stand. Kottayam Region project officer Mr. Anadhashivan addressed the programme. Migrant Project Manager KSACS Mr. Biju wasalso present .At 10:30 am TSW conducted a flash mob. As a part of generating awareness to the public TSW has participated in the AIDS testing campaign. around 12 p.m. TSW concluded the programme.

Pg Department Of Social Work Participation List

Venue:

Program: AIDS Day

Date: Time:

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1.	Abhijith Chandran	dbhigth
2.	Akhila Chandran	achile
3.	Albert	-Abat
4.	Amala N T	Amola
5.	Anangha Anu	Angha
6.	Arya Maheshkumar	-Asgr
7.	Aswathy	Bunkas
8.	Chris	Final
9.	Dona	Dona
10.	Karthika Sreekumar	Kar Fribal
11.	Kavya Suresh	Lekolmi Barja
12.	Lakshmi Chandana	Le bestrone
13.	Sreejith M	Buejoto
14.	Sheldin Mathew	Tolelon
15.	Pranav Vijayan	Prounau
16.	Stella	Slelle
17.	Vineetha Vinod	Dinette o

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22.	Aleena Joseph	· Phat
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27.	Anjaly Rosa Jose	- fronta
28.	Anjana Baby	Potenser
29.	Anna Saju	A.M.
30.	Arun V Nair	Date
31.	Chanchal G	Charchol
32.	Chelssiya K S	- Aelsta.
33.	Dani P Biju	Danille.
34.	Dijo Davis	Dijelkung
35.	Dixy Maria Gireesh	
36.	Jayalakshmi C	Jayalaka
37.	Jeena M B	
38.	Jesline Mathew	Jes Lint
39.	Joel San George	Jestial Joseph
10.	Kaveri Saji	War ?





41.	Kripa A J	Kenpal
42.	Krishnendu S	Karshendus
43.	Ligin Abraham	Kjurther Ko
44.	Mariya Pascal	Marial.
45.	Megha George	Hoghepose
46.	Riya Tomi	Rije Tangt.
47.	Sandra K George	= notes
48.	Sheenu K Aniyan	- to wall milan





10. Training Programme at Sathirthya Special School

PG Department of social work KE college Mannanam along with ASWEM organized an organizational visit to Sathirthya Special School Villoooni as part of celebrating the day of INTERNATIONAL DAY OF PERSONS WITH DISABILITIES on Saturday December 4th. The coordinators of the programme were TSW students Theresa Jose Maliakal and Bokang Maseli. The programme started at 2:00 pm. The programme started with the welcome speech of TSW trainee Anagha Anu .She welcomed the director of the school Sr Vincy, the disabled students, the staff, guide Sherin miss and the whole MSW family. The presidential speech was done by Sr Vincy. She made us understand the need for special schools and how to take care of







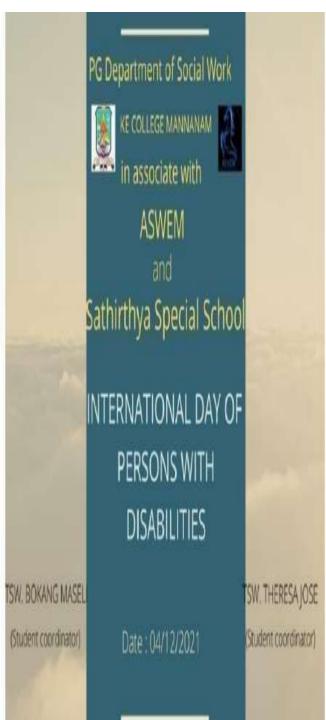
them. She also gave us detailed information about the functioning of the school and their future programmes and the difficulties of running a special school. The speech was very informative and instructive. TSW student Vineetha made handmade cards for all the five special students and that was very touching and heartwarming. The students loved the card and showed affection towards her effort. Then a fun session was conducted by the coordinators involving all the five members of the school, the whole MSW family, the teachers and staff of the school. It was fun and both the students and TSW students participated with much energy and enthusiasm. The winner was Anjali, a vibrant student from the school and was awarded a prize. The vote of thanks was given by the TSW student Maria John. She thanked the director and all the ones who were in the meeting. The day was fruitful and delightful. When celebrated with the right people, everything in the programme seemed nice.





















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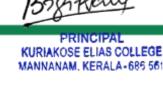
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26.	200011034605	Megha George	1 Sylan
27.	200011034606	Riya Tomy	Right
28.	200011034607	Sandra K. George	Sandra _
29.	200011034608	Sheenu K. Aniyan	Shane K2

11. Mime on awareness about the Drug addiction, Personal Hygiene and Safety measures of Corona Virus on International migrants Day

First year MSW students of KE college Mannanam, have observed the International migrants day in associated with KISMAT, ASWEM and KEDAS. Trainees conducted a Mime on awareness about the Drug addiction, Personal Hygiene and Safety measure of Corona Virus. Mime was conducted among the Migrant Labours in Kottayam. TSW Stella Anna Binoy and TSW Amala Jose(Student Coordinators) distributed the Mask to the Migrant labours as part of Corona Safety measures awareness. PSW Sherin KC (KEDAS project coordinator) delivered Vote of Thanks.











PG Department Of Social Work Participation List

Program: INTERNATIONAL MICHANTS DAY

Date:

Time:	1.87	Signature
st. No.	Name	O COMPLETE STATE OF THE STATE O
1.	Abhijith	dhijdh
2.	Akhil	Art
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5.	Anu	Ante
6.	Arya	Augas
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8.	Sandra Mariya	Surken
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10.	Maseli Bokang	Dystra.
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17.	Anjaly Rosa Jose	Anjali

	- Pahy	Anjana
18.	Anjana Baby	Anna
19.	Anna Saju	Anna
20.	Chris	tonis
21.	Dona	Dom.
22.	Karthika	Kartheber Karya
23.	Kavya Suresh	Kaya
24.	Lakshmi Chandana	Lehshmo
25.	Sreejith M	Brasillo
26.	Sheldin Mathew	Sheldis
27.	Pranav Vijayan	Prance
28.	Stella	
29.	Vineetha Vinod	Stelle

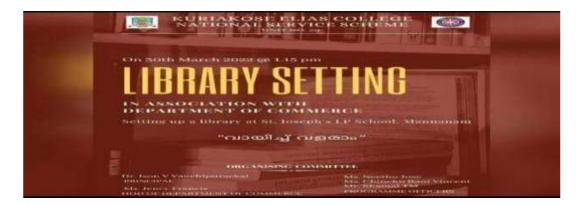
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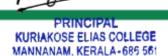




12. Library setting at St.Joseph's U.P School, Mannanam

When it was noticed that St. Joseph's U.P school situated near to K E College is not having a library, our programme officers with the support of our volunteers organized a book collection drive in association with the Department of Commerce. We collected used books and also purchased around 500 books and handed it over to the school management in a formal function presided by our new Principal Dr. Ison V Vanchipurackal on March 30th, 2022. Smt. Bindhu Xavier (Head Mistress, St. Joseph's U.P School) expressed gratitude for supporting their students. Programme officer Ms. Neethu Jose welcomed the gathering and Ms. Jency Francis (Head of the Department of Commerce) delivered vote of thanks.20 volunteers including the leaders attended the function.











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13. Mannanam Jetty – "Chavara Kadavu Cleaning Campaign"

Mannanam Boat Jetty commonly known as "Chavara Kadavu" is a place of historical and economic importance. It's the place where Saint Kuriakose Elias Chavara first arrived at Mannanam and gradually created Ashramam and schools here. Also, it's a jetty on the side of Meenachil river and Pennaar thodu through which goods were carried over to the old Athirampuzha market in the beginning of 1900s. But later it lost its significance with the development of road transport. From 2018 onwards the NSS unit of our college along with the St. Joseph's Training College initiated the renovation of Chavara Kadavu to make it a prominent place in the pilgrim tourism map. With this objective in mind a trust has been created as "River Protection Samithi" and our programme officer Ms. Neethu Jose is one of the Vice presidents of the trust.

Since 2018, our volunteers had undertaken shramadhaan activities for the renovation and maintenance of the Jetty by removing weeds and other plastic materials from Pennaar thodu which got deposited from the nearby areas during rain. This year also we conducted two shramadhaan on 22nd October 2021 and 5th March 2022. With the continuous efforts, recently the Mannanam Jetty was included in the tourism project by DTDC and they conducted a pilot





study for pilgrim tourism starting from Kumarakom through Meenachil River linking Kudamaloor, (birth place of St. Alphonsa) and Mannanam extending to Athirampuzha.30 volunteers participated in the cleaning programme.















Kuriakose Elias College, Mannanam



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1:	39970	Sajith Ruman P.s	Paylkung
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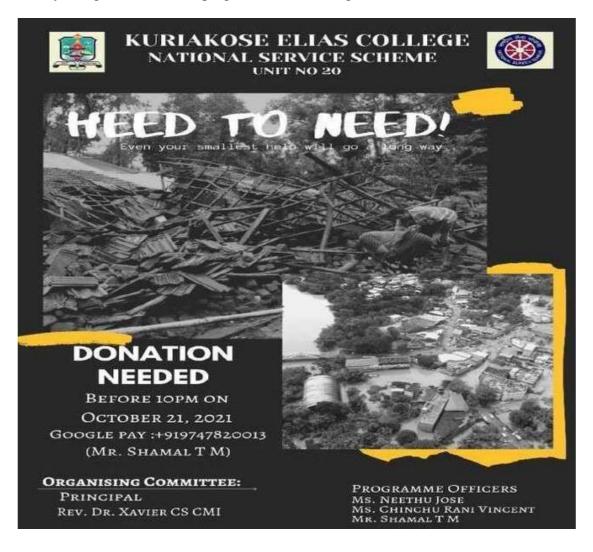
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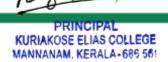


14. Flood Relief Activities

Just like 2018, this year also Kerala witnessed a huge natural calamity because of the flood. Among the affected areas Koottikkal panchayat of Mundakkayam was the worst affected which took away the lives and livelihood of many people. Realizing the pathetic situation, we organized a fund collection and raised around Rs. 14,000. Kitchen utensils were purchased with the fund and arranged as twenty kits for twenty families. Volunteer leaders and programme officers Ms. Neethu Jose, Ms. Chinchu Rani Vincent, and Mr. Shamal T.M visited the affected areas and spent some time with the volunteers of Jesus youth who were sorting the materials offered by a large number of helping hands at St. George Orthodox Church, Koottikkal.













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2.	39913	Ansaf Shelly	Acl.
3.	39834	LEON JOE VARGHESE	et store
4	3487	KenThomy Craye	a co
6	3390	Heina Martin	Aluna Maula
6,	3340	Grobul's Nair	-M2
7.	39913	Ansel Sheffy	X 1
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15. Cleaning of School Campus

In connection with the Shramadhaan activity of October 2, our volunteers cleaned the school campus of Sree Narayana Vilasam Lower Primary School, Mannanam, on October 2 nd 2021 in association with Y's men International Club, Mannanam. Since the government had issued





order for school reopening after one and half years of online classes, there arose the need for cleaning of class rooms and school campus. Our volunteers cleaned the classrooms, school ground andthe immediate vicinity of the school premises and planted some flowering plants along with the Y's Men club members. The shramadhaan activity was inaugurated by Smt. Ambili Pradeep (Member, Ward 19, Athirampuzha Panchayath). Programme Officers Ms. Neethu Jose, Ms Chinchu Rani Vincent, Mr. Shamal T.M and the school management gave leadershipto the programme.











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2.	3523	NAME OF THE COLOR
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16. Cycle Rally to Reduce the use of Motor Vehicles

In the context of depletion of ozone layer at an alarming rate, in order to generate an awareness among the public to reduce the use of motor vehicles, a cycle rally was organised by our unit on Ozone Day. The rally was flagged off by our Principal Rev. Dr. Xavier C S. The rally with 12 bicycles started from our college and rounded Mannanam- Ammanchery- Medical College - Vaarimuttom covering almost 11 kms. The presence of Mr. Prajod Sunny, our former programme officer as a rider was a great source of inspiration to our students.

































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17. Anemia Campaign - webinar

As part of Anemia campaign, a webinar was conducted on the awareness and prevention of anemia on16th June 2021 under the leadership of Women and Child Development Kottayam and ICDS Ettumanoor along with NSS Volunteers of Amalagiri BK College. The Webinar was led by Dr Thomas P Varghese Asst Prof ICH Kottayam.



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18. SALT (Start up and Leadership Training) Programme

Dr. Mercy Mathews has conducted a Start up and Leadership Training programme for school students who are studying in 9th Standard from January 10th –15th, 2022 at St.Ephrem's School, Mannanam. The presentation was on the topic,"How a startup is formed" 30 students of 9th standard have actively participated in the programme and learned about how an innovation can turn to a startup and how one can become a successful entrepreneur.a Few of the photos are given below.









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2	Abel Binoy	IX B
3	Sanjay Santhosh	IX A







4	Vishnu Vinod	IX A
5	Alan Shaji	IX B
6	Aashik Anish	IX B
7	Steven Roy	IX C
8	Albin Jose	IX C
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10	Shaphir K	IX D
11	Muhammed Fayas	IX B
12	Guzel C Soman	IX D

Dr. Mercy Mathews

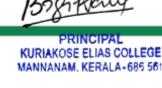
IIC President, IEDC Nodal Officer

19. Technology Commercialization workshop series on Women Entrepreneurship

Two day Technology Commercialization workshop on women Entrepreneurship was conducted on 5 and 6th May 2022 in association with Business innovation and Incubation Centre (BIIC), M.G University, Kottayam. The programme was especially for women faculty members of the college. All participants learned how to a make successful businesses plan from this workshop. All have participated actively and benefitted fully from the programme.









Kuriakose Elias College, Mannanam



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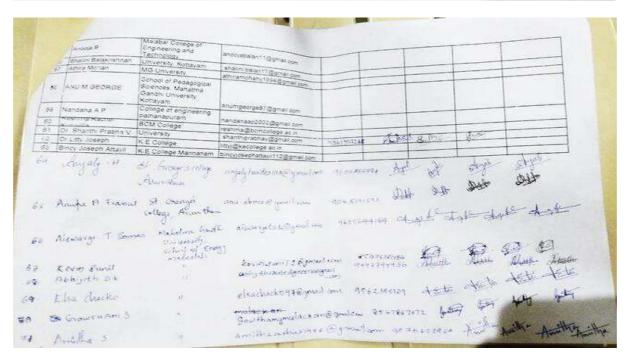
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20. Awareness Class on Internet Addiction and Online Abuse at St. George School Kaippuzha

KEDAS in association with the Anti Human Trafficking Club (AHTC) conducted an awareness class on Internet Addiction and Online Abuse at St. George School, Kaippuzha. The session was able to raise awareness among the students about the dangers of internet addiction and the widespread online abuse in society today. A vulnerability study was also conducted by the trainee social workers. The





session was attended by 77 students.







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