

# KURIAKOSE ELIAS COLLEGE MANNANAM

Affiliated to Mahatma Gandhi University, Kottayam www.kecollege.ac.in | kecollegemnm@gmail.com



**Criterion - VII** 

7.1.1

Gender equity and sensitization in curriculum





Integrating gender sensitization into the curriculum is vital for fostering an inclusive and equitable educational environment. It helps students develop a deeper understanding of gender diversity, challenges, and promotes respect for all individuals regardless of gender. By addressing these issues, the curriculum encourages critical thinking, empathy, and social responsibility. This not only prepares students to engage in a diverse society but also empowers them to advocate for gender equality in their personal and professional lives. Ultimately, incorporating gender as a topic into education contributes to building a more just and balanced society. Kuriakose Elias College is affiliated to Mahatma Gandhi University and, therefore, follows the curriculum established by the University. It includes courses, projects and value added programmes. The 51 courses that integrate gender into the curriculum of the college and project/dissertation conducted during the period 2018-2019 to 2022-2023 are provided below.

#### 1. List of Courses-integrated with Gender into the Curriculum

Syllabus- U G (2017 admission onwards) and P G (2019 admission onwards)

Sl.				
No	Programme	Course Code	Course Title	Semester
1	M.S.W.	SW010101	Social sciences for social work	I
2	M.S.W.	SW010203	Professional skills for social workers	III
3	M.S.W.	SW010204	Social work practice with group	III
4	M.S.W.	SW010205	Social work research and statistics	III
5	M.S.W.	SW010301	Planning and implementation of development projects	III
6	B.A. English Language and Literature	EN1CR01	Methodology of literary studies	I
7	B.A. English Language and Literature	EN3CR03	Harmony of prose	II
8	B.A. English Language and Literature	EN3CR04	Symphony of verse	II
9	B.A. English Language and Literature	EN2CC03	Issues that matter	II
10	B.A. English Language and	EN3CC05	Literature and/as identity	III







	Literature			
11	B.A. English Language and Literature	EN5CR09	Indian writing in English	III
12	B.A. English Language and Literature	EN4CR05	Modes of fiction	IV
13	B.A. English Language and Literature	EN4CM04	The evolution of literary movements: the cross currents of change	IV
14	B.A. English Language and Literature	EN6CB01	Comparative literature	VI
15	B.A. English Language and Literature	EN6CB03	Regional literatures in translation	VI
16	B.A. English Language and Literature	EN6CR11	Women writing	VI
17	B.A. English Language and Literature	EN6CR12	American literature	VI
18	M.A. English Language and Literature	EN010103	Literatures of the English revolution/ enlightenment	I
19	M.A. English Language and Literature	EN010201	Modernity and modernisms	II
20	M.A. English Language and Literature	EN010304	Literature and gender	III
21	M.A. English Language and Literature	EN010302	Post-colonial fiction	IV
22	M.A. Economics	EC010104	Indian economy-i	I
23	M.A. Economics	EC010103	Development economics	I
24	B.A. Economics	EC3CRT04	Economics of growth and development	III







_	B.A./B.Sc.			
25	Courses	HN1CCT01	Prose & One Act plays	I
26	B.Com	HN1CCT01	Prose & mass media	I
27	B.A. History	HY1CRT01	Perspectives and methodologies in social sciences- history	I
28	B.A./B.Sc. Courses	HN2CCT02	Short stories and novel	II
29	B.Com.	HN2CCT02	Poetry, commercial correspondence, and translation	II
30	B.A./B.Sc. Courses	HN2CCT02	Prose & Short stories	II
31	B.A./B.Sc. Courses	HN3CCT03	Poetry, grammar & translation	III
32	B.A./B.Sc. Courses	HN4CCT04	Drama & Long poem	IV
33	B.A./B.Sc. Courses	ML1CCT01	Kadha sahityam	I
34	B.A./B.Sc. Courses	ML1CCT07	Kadha,novel	I
35	B.Com.	ML1CCT05	Kadhayum kavitayum	I
36	B.A./B.Sc. Courses	ML2CCT02	Kavita	II
37	B.Com.	ML2CCT06	Athmakadha, lekhanam	II
38	B.A. History	ML2CCT08	Kavitayum nadakavum	II
39	B.A./B.Sc. Courses	ML3CCT03	Drisya kala sahityam	III
40	B.A. History	ML3CMT07	Sahithyavum charitravum	III
41	B.A./B.Sc. Courses	ML4CCT04	Malayala gadya rachanakal	IV
42	B.A. History	ML4CMT08	Bhashayum aadhunikikaranavum	IV
43	B.A. History	HY2CRT02	Understanding early india: from hunting gatherers to land grants	II
44	B.A. History	HY3CRT04	Cultural trends in pre-colonial kerala	III







45	B.A. History	HY4CRT05	Making Of Modern Kerala	IV
46	B.A. History	HY5CRT07	Inheritance And Departures In History	V
47	B.A. History	HY5CRT08	India: Nation In The Making	V
			Environmental Studies And Human	
48	B.A. History	HY5CRT10	Rights In Historical Outline	V
49	B.A. History	HY6CRT11	Making Of Contemporary India	VI
50	B.Sc. Zoology	ZY6CRT09	Developmental Biology	VI
51	B.Sc. Psychology	PY3CRT07	Living in the Social World	III

## 2. Project/ Dissertation on Gender-Related Topics

Sl	Tittle of the Project	Name of the	Supervising	Programme
No		Student	Teacher	
1	"Problems & Challenges Faced by	Heera	Fr.Biju Thomas	MSW
	Working Women in the Sales	Sebastian	Thekkekkutt	
	Sector"			
2	A Quantitative Study on Social	Amala Jose	Dr. Elizebath	MSW
	Infusion and Exclusion of Third		Alexander	
	Gender in Society			
3	A Study on Child Marriage and Its	Maseli	Ms.Sherin K C	MSW
	Impact on Girls' Education in	Bokang Orail		
	Lesotho,'			
4	Impact of gender inequality and	Nandhaja	Dr. Dhanya p	M.Sc.
	Educational attainment on HDI	Nandhakuma	Joseph	Statistics
	using two day Annova and	r		(Applied)
	correlation.			
5	A Study of Menstrual Health and	Aleena	Sr.Dr. Jessy	BSc Zoology
	Hygiene of the Youth in the	Prasannan	Joseph	Model I
	College Campus		Kavunkal	
6	A study on Women empowerment	Salu Sasi	Dr. George	M.Com.
		and the same		







	in Kudumbashree with special		Joseph	Banking &
	reference to Ettumanoor		Nadackal	Insurance
	Municipality			(SF)
7	A Study on welfare measures of	Athul Saji	Dr.George	M.Com.
	Women Employees with special		Joseph	Banking &
	reference to IHM Marygiri		Nadackal	Insurance
	Hospital Bharananganam			(SF)
8	Role of Micro Finance on Women	Linny	Mrs. Divya	M.Com.
	Empowerment in Kottayam	Abraham	Joseph	Finance
	District			&Taxation
9	Marginalization of Women in	Ms. Devisree	Mr. Kevin	B.A. English
	Visual Culture: Misogynistic	В	george	Language and
	features in Angamaly diaries and			Literature
	Jallikkattu			Model1
10	Substantiating the Dignity of	Minna	Chinju rose	B.A. English
	Sexworkers: An Intersectional	Catharine	George	Language and
	Feminist study of the Movie	John		Literature
	Gangubai kotiawadi			Model1
11	Scrutinizing Transgender Identity:	Fitha Abbas	Miliya Rose	B.A. English
	An Analysis of I am Vidya		George	Language and
				Literature
				Model1
12	Women in Resilience: Revisiting	Haridev	Indu Peter	B.A. English
	the Changed Portraits of Women	madhu		Language and
	in New Generation Malayalam			Literature
	Movie- The Great Indian Kitchen,			Model1
	Jaya JayaJayaJaya Hey, Ammu			
13	Postcolonial Feminism in the	Devi Saran B	Indu Peter	B.A. English
	Handmaid's Tale: A Recreading of			Language and
	Margaret atwood's The			Literature







	Handmaid's Tale			Model1
14	Unweaving the Angst of Female	Christina	Miliya Rose	B.A. English
	Existents: An Analysis of the	Johan	Mathew	Language and
	Pearl That Broke Its Shell by			Literature
	Nadia Hashimi			Model1
15	Queer Portrayal in Malayalam	Sreelakshmi	Kevin George	B.A. English
	Cinema with Special Emphasis on	PB		Language and
	Moothon and Njan Marykutty			Literature
				Model1
16	Streotypes in Children's	B Mohit	Indu Peter	B.A. English
	Literature: Reimaging Hans			Language and
	Christian Andersen's The Little			Literature
	Mermind, The Ugly Duckling,			Model1
	The Emperor's New Clothes and			
	Thumbelina			
17	Representation of Toxic	Alfia J	Miliya Rose	B.A. English
	Masculinity in Ishq and		Mathew	Language and
	Kumbalangi Nights			Literature
				Model1
18	Depiction of Gender 'In-Justice'	Aleena Sha	Sujarani	B.A. English
	In Modern Kerala : Analysis of		Mathew	Language and
	Doubles standards in Vipin Das's			Literature
	Movie Jaya Jaya Jaya Hey			Model1
19	Problems and Challenges faced	Steena	Lenny Elsa	M.A.
	By Women Entrepreneurs in	Stephen	Varghese	Economics
	Kerala an analytical study of			
	vijayapuram Panchayath			
20	Pattern of Savings and investment	Ajish T	Dr. Rinu Jose	B.A.
	of Employed Men and Women: A	Vijayan,		Economics
	Study based on Kottayam	Anns Jose,		Model1







	Municipality	Aswin Anish,		
		Vismaya		
		Vijay Kadam		
21	The Transformation in the	Achsha p	Veena P U	B.A. English
	Portrayal of Housewives – An	Suresh		Language and
	Analysis of the Movies:			Literature
	Vatsalyam, Veruthe Oru Bharya			Model1
	and The Great Indian Kitchen			
22	A Study on depression among the	Merlin	Priya S Dev	MSW
	menopausal women with special	Mathew,		
	reference to Kottayam district			
23	A Case study of the influence of	Abin Joseph	Priya S Dev	MSW
	transgender welfare scheme	Philip,		
	implemented by the Tamilnadu			
	Government on the migrant			
	transgenders with special			
	reference to Chennai"			
24	A study about influence of	Ms. Anju	Ms. Simple	MSW
	Kudumbashree on women	Maria Philip	Mathew	
	empowerment with special			
	reference to Chirackadavu village,			
	Kottayam',			
25	Violence against Women:	Mileva M	Dr. Elizabeth	MSW
	Amalysisng the Awareness of	Devid	Alexander	
	people about legal initiatives in			
	India			
26	A Quantitative study on social	Amala Jose	Dr. Elizabeth	MSW
	inclusion and exclusion of Third		Alexander	
	gender in society			
27	Knowledge, Attitude and	Aswathy T	Dr. Elizabeth	MSW







	Perception of Sex Education	Soman	Alexander	
	among Adolescence			
28	Exploring the Stigma and Attitude	Vyshna	Ms. Sherin K C	MSW
	Towards sex workers among P G	Narayanan		
	Students			
29	Dowry and Women's Lives In	Kavya	Ms. Sherin K C	MSW
	Kerala: An Analysis	Suresh		

# PROBLEMS AND CHALLENGES FACED BY WORKING WOMEN IN SALES SECTOR

Dissertation submitted to

## MAHATMA GANDHI UNIVERSITY

As a Partial Fulfillment of the Requirements for the Degree of

## MASTER OF SOCIAL WORK

Specializing in

MEDICAL AND PSYCHIATRIC SOCIAL WORK

Submitted by

HEERA SEBASTIAN

(Register No. 210011033969)

Supervising Guide

FR. BIJU THOMAS THEKKEKUTT



DEPARTMENT OF SOCIAL WORK KURIKOSE ELIAS COLLEGE MANNANAM, KOTTAYAM 2021-2023







# A QUANTITATIVE STUDY ON SOCIAL INCLUSION AND EXCLUSION OF THIRD GENDERS IN SOCIETY

Dissertation submitted to,

## MAHATMA GANDHI UNIVERSITY

As a Partial Fulfilment of the Requirements

For the Degree of

## MASTER OF SOCIAL WORK

Specializing in

## MEDICAL AND PSYCHIATRIC SOCIAL WORK

Submitted by.

AMALA JOSE

Register No. 210011033961

Faculty Supervisor

DR. ELIZABETH ALEXANDR

Department of Social Work



DEPARTMENT OF SOCIAL WORK

KURIKOSE ELIAS COLLEGE MANNANAM, KOTTAYAM

2021-2023

A







## THE STUDY ON CHILD MARRIAGE AND ITS IMPACT ON GIRLS' EDUCATION IN LESOTHO

Dissertation submitted to the

#### MAHATMA GANDHI UNIVERSITY

As a partial fulfillment of the requirements for the award of the degree of MASTER OF SOCIAL WORK

Specializing in

#### COMMUNITY DEVELOPMENT

Submitted by MASELI BOKANG ORIAL (Reg. No. 210011033977)

Supervising Guide

MS. SHERIN K.C



P. G. DEPARTMENT OF SOCIAL WORK KURIAKOSE ELIAS COLLEGE, MANNANAM, KOTTAYAM 2021- 2023









## KURIAKOSE ELIAS COLLEGE MANNANANAM

MANNANAM P.O. KOTTAYAM, KERALA-686561

Phone 0481 2597374 , Fax: 0481 2597374

## Certificate

I hereby certify that the project report entitled "IMPACT OF GENDER INEQUALITY AND EDUCATIONAL ATTAINMENT ON HDI USING TWO-WAY ANOVA AND CORRELATION" is a bonafide work done by Ms.NANDHAJA NANDHAKUMAR under my supervision and guidance in the Department of Statistics. Kuriakose Elias College, Mannanam during 2021-2023 towards the partial fulfillment of the requirements for the award of the degree of Master of Science in Statistics (Applied) by Mahatma Gandhi University, Kottayam and that no part of this project has been submitted earlier for the award of any degree.

Place: Mannanam Date:....13 9123

Forward by

Dr.DHANNYA P JOSEPH Assistant Professor Supervising Guide

Dr.SMITHA S Head of Dept. of Statistics Kuriakose Elias College Mannanam

### CERTIFICATE

This is to certify that the project entitled "ASTUDY OF MENSTRUAL HEALTH AND HYGIENE OF THE YOUTH IN THE COLLEGE CAMPUS (KURIAKOSE ELIAS COLLEGE MANNANAM, KOTTAYAM) is a bonafide work carried out by Aleena Joseph Reg. No. 200021039924, Alphia KS Reg. No. 200021039925, Anagha Prasannan Reg. No. 200021039926 conducted in the department of zoology, Kuriakose Elias College Mannanam, Kottayam, during the academic year 2020 - 2023 under my supervision and guidance.

Place: Mannanam

Date: 02 | 05 | 2023

Sr. Dr. Jessy joseph kavunkal

Department of zoology











KURIAKOSE ELIAS COLLEG, MANNANAM MANNANAM P.O, KOTTAYAM, KERALA, INDIA

PIN:686561 PHONE: 0481-2597074

WEBSITE: www.kecollegemannanam.com

#### CERTIFICATE

This is to certify that; SALU SASI is fourth semester M.COM student of this college. The project report entitled "A STUDY ON WOMEN EMPOWERMENT IN KUDUMBASHREE WITH SPECIAL REFERENCE TO ETTUMANOOR MUNICIPALITY" is submitted by my partial fulfilment of requirement of the award of the Degree of Master of Commerce of Mahatma Gandhi University.

Dr. GEORGE JOSEPH NADACKAL

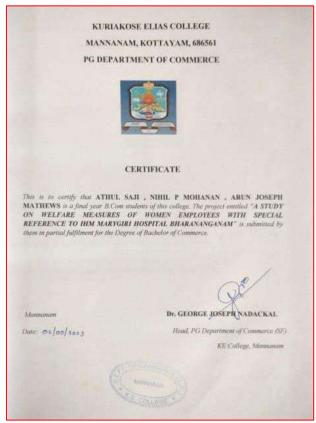
Head of the Department

Department of Commerce (SF) Kuriakose Elias College, Mannanam

Place: Mannanam

There :









#### POST GRADUATE DEPARTMENT OF COMMERCE



Kuriakose Elias College, Mannanam Mannanam P.O, Kottayam, Kerala Pin - 686561 Email: kecollegemnm@gmail.com Website: www.kecollege.ac.in

#### CERTIFICATE

This is to certify that project report entitled "ROLE OF MICRO FINANCE ON WOMEN EMPOWERMENT IN KOTTAYAM DISTRICT" is a bonafide work done by Linny Abraham (Reg.No.210011024961) under my supervision and guidance and submitted to Mahatma Gandhi University in partial fulfillment of requirements for the degree in master of commerce. She made an open presentation of the project work on 30-3-2023 with the help of audio-visual aids, in the form of a defense of the project, for the purpose of internal evaluation, as stipulated in the Revised Curriculum for the M.Com degree programme, 2019 of the University. She is permitted to submit the project report to the University.

> p. Car Supervising Guide Mrs.Divya Joseph Assistant Professor in Commerce Kuriakose Elias College Mannanam

Counter Signed by. Mrs. Jeney Francis

Head of the Department of Commerce Kuriakose Elias College Mannanam

Place: Mannanam Date: 31-03-2023





#### DEPARTMENT OF ENGLISH

KURIAKOSE ELIAS COLLEGE MANNAMAN P.O., KOTTAYAM, KERALA, INDIA -686561 PH:0481-2597074 E-MAIL: kecmnm@vsnl.com weesnE: www.kecollegemannanam.com

#### CERTIFICATE

I do hereby certify that the project entitled "Marginalization of Women in Visual Culture: Misogynistic features in Angamaly Diaries and Jallikkattu" is a bonafide piece of research done by Ms. Devisree B in partial fulfilment for the award of degree of Bachelor of Arts in English Language and Literature in Mahatma Gandhi University under my supervision and guidance.

Dr. Sujarani Mathew, M.A., M.Phil, PhD

Head of the Department Department of English

Mr. Kevin George

Assistant Professor

Department of English

27/04/2023







Department of English

KURIAKOSE ELIAS COLLEGE

Mannanam P.O. Kottayam, Kerala, India-686561

Ph:0481-2597074

E-mail:kecmnm@vsnl.com

Website:www.kecollege mannanam.co



#### Certificate

I do hereby certify that the project entitled Subverting Traditional Gender Roles:

A Feminist Reading of the Movie The Great Indian Kitchen is a bonafide piece of research done by MR AMALTOMY in partial fulfillment for the award of Bachelor of Arts in English Language and Literature in Mahatma Gandhi University under my supervision and guidance.

Dr Sujarani Mathew M.A,M.Phil,PhD Head of the Department Ms. Chinchu Rose George Asst.professor Department of English

Scrutinizing Transgender Identity: An Analysis of I am Vidya

A project submitted to the Mahatma Gandhi University in partial fulfilment of the requirements for the award of the degree of Bachelor of English Language and Literature

BY

FITHA ARRAS REG NO: 200021000660



Head of Department

Supervising Guide

Dr. Sujarani Mathew, M.A., M.Phil, PhD

Ms. Miliya Rose George, M.A. B.Ed









### DEPARTMENT OF ENGLISH

## KURIAKOSE ELIAS COLLEGE

Mannanam P.O. Kottayam, Kerala, India- 686561

Ph:0481-2597074

E-mail:kecmnmarysnl.com

Website: www.ke college mannanam.co

#### CERTIFICATE

I do hereby certify that the project entitled Women in Resilience: Revisiting the Changed Portraits of Women in New Generation Malayalam Movies-The Great Indian Kitchen, Jaya JayaJayaJaya Hey, Ammu is a bonafide piece of research done by Mr. HARIDEV MADHU in partial fulfilment for the award of degree of Bachelor of Arts in English Language and Literature in Mahatma Gandhi University under my supervision and guidance.

Dr.Sufarani Mathew

MA., M.Phil., PhD

Head of the Department

Mrs. Indu Peter

M.A. Assistant Professor

Department of English









## Department of English

KURIAKOSE ELIAS COLLEGE.

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Kerala,India- 686561

Ph:0481-2597074

E-mail:kecmnm@vsnl.com

Website:www.ke.college.mannanam.co

#### Certificate

I do hereby certify that the project entitled \* Postcolonial Feminism in The Handmaid's Tale: A Rereading of Margaret Atwood's The Handmaid's Tale' is a bonafide piece of research done by Miss Devi Saran B in partial fulfillment for the award of Bachelor of Arts in English Language and Literature in Mahatma Gandhi University under my supervision and guidance.

Dr Sujarani Mathew, M.A,M.Phil,PhD.

Head of the Department

Department of English

Orla

Mrs Indu Peter M.A.

Asst. Professor

Department of English

MANNANAM 27-04-2023







## Unweaving the Angst of Female Existents: An Analysis of The Pearl That Broke Its Shell by Nadia Hashimi

A project submitted to the Mahatma Gandhi University in partial fulfillment of the requirements for the award of degree of Bachelor of English Language and Literature

> By CHRISTINA JOHN REG.NO.200021000673



Head of the Department

Dr. Sujarani Mathew M.A., M.Phil, PhD

Supervising Guide

Ms. Miliya Rose Mathew

Assistant professor on Contract

Department of English



#### DEPARTMENT OF ENGLISH

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wassata :www.kecollegemannanam.com

#### CERTIFICATE

I do hereby certify that the project entitled "Queer Portrayal in Malayalam Cinema with Special Emphasis on Moothon and Njan Marykutty" is a bonafide piece of research done by Ms.Sreelakshmi PB in partial fulfilment for the award of degree of Bachelor of Arts in English Language and Literature in Mahatma Gandhi University under my supervision and guidance.

Dr.Sujarani Mathew, M.A., M.Phil, PhD

Head of the Department

Department of English

Assistant Professor

Department of English

27/04/2023









#### DEPARTMENT OF ENGLISH KURIAKOSE ELIAS COLLEGE

Mannanam P.O. Kottayam, Kerala, India PIN; 686561 E-mail: kecollegemon/depnail.com Website: www.kec.ac.in PH: 0481-2597074

#### CERTIFICATE

This is to certify that the dissertation entitled Stereotypes in Children's Literature:

Reimagining Hans Christian Andersen's "The Little Mermaid", "The Ugly

Duckling", "The Emperor's New Clothes", "The Snow Queen", and "Thumbelina" is a bonafide record of the research work done by B.Mohit under my supervision and guidance, and is, submitted to Mahatma Gandhi University, Kottayam, in partial fulfillment of the requirements for the award of the Degree of Bachelor of Arts in English Language and Literature, and that this thesis has not been submitted earlier for the award of any degree, diploma or any title or recognition.

Dr. Sujarani Mathew, M.A., M.Phil., Ph.D Head of Department Department of English

Ms. Indu Peter, M.A. Assistant Professor Department of English

Mannanam 27/04/2023



#### DEPARTMENT OF ENGLISH

Kuriakose Elias College MannamanP.O ,Kottayam , Kerala, INDIA -686561 PH:0481-2597074

E-MAIL: kecmnm@vsnl com WEBSITE: www.kecollegemannanam.com

#### CERTIFICATE

I do hereby certify that the project entitled "Representation of Toxic Masculinity in Ishq and Kumbalangi Nights" is a bonafide piece of research done by Ms.ALFIA J in partial fulfilment for the award of degree of Bachelor of Arts in English Language and Literature in Mahatma Gandhi University under my supervision and guidance

OX

Dr.Sujarani Mathew,M.A.,M.Phil,PhD

Head of the Department Department of English Helye.

Ms. Miliya Rose Mathew

Assistant Professor on contract Department of English







DEPARTMENT OF ENGLISH
KURIAKOSE ELIAS COLLEGE
Mannanam P.O. Kottayam, Kerala, India-686561
Ph: 0481-2597074
E-mail: kecmmn@ivsnl.com
Website: www.kecollegemannanam.com

#### CERTIFICATE

I do hereby certify that the project entitled "Depiction of Gender 'In-Justice' in

Modern Kerala: Analysis of Double Standards in Vipin Das's Movie Jaya Jaya Jaya Jaya

Hey" is a bornfide piece of research done by Ms. Alcena Sha in partial fulfilment for the award

of degree of Bachelor of Arts in English Language and Literature in Mahatma Gandhi

University under my Supervision and Guidance.

Dr.Sujarani Mathew, M.A, M.Phil, PhD

Head of the Department Department of English Dr.Sujarani Mathew, M.A, M.Phil, PhD

Supervising Guide

Department of English

Mannanam

02/05/2023

#### CERTIFICATE

This is to certify that the project entitled \*PROBLEMS AND CHALLENGES FACED BY WOMEN ENTREPRENEURS IN KERALA AN ANALYTICAL STUDY OF VIJAYAPURAM PANCHAYAT" by Ms. STEENA STEPHEN is a bona-fide record of work done under my guidance and supervision in partial fulfilment of the requirement for the award of Master's in Economics.

Dr. Rinu Jose

(Head of the department)

MEDITAN PIR, 525 SST Ms. Lenny Elsa Varghese

(Project Guide)







#### PATTERN OF SAVINGS AND INVESTMENT OF EMPLOYED MEN AND WOMEN: A STUDY BASED ON KOTTAYAM MUNCIPALITY

A dissertation submitted to the Mohama Gandhi University in partial Fulfillment of the requirements for the overed of the degree of

#### BACHELOR OF ARTS IN ECONOMICS



AJISH T VIJAYAN-REG NO:200021012179 ANNS JOSE- REG NO:200021012182 ASWIN ANISH- REG NO:200021012187 VISMAYA VIJAV KADAM- REG NO:200021012215

> Under the supervision of DR. RINU JOSE

DEPARTMENT OF ECONOMICS K.E. COLLEGE MANNANAM KOTTAYAM, KERALA

2020-2023

#### DEPARTMENT OF ENGLISH

KURIAKOSE ELIAS COLLEGE MannananPO, Kottayam, Kerala, India- 686561 Ph: 0481-2597074

E-mail: kecmnm@vsnl.com Website www.kecollegemannanamiroo

#### CERTIFICATE

I do hereby certify that the project entitled The Transformation in the Portrayal of Housewives - An Analysis of the Movies; Vatsalyam, Veruthe Orn Bharya and The Great Indian klitchen is bonafide piece of research done by Ms. Achsha P Suresh in partial fulfillment for the award of Degree of Bachelor of Arts in English Language and Literature in Mahatma Gandhi University under my supervision and guidance.

Dr. Sujarani Mathew, M.A., M. Phil, PhD

Head of the Department

Department of English

Ms, Veena P.U, M.A, NET

Asst. professor on Contract

Department of English

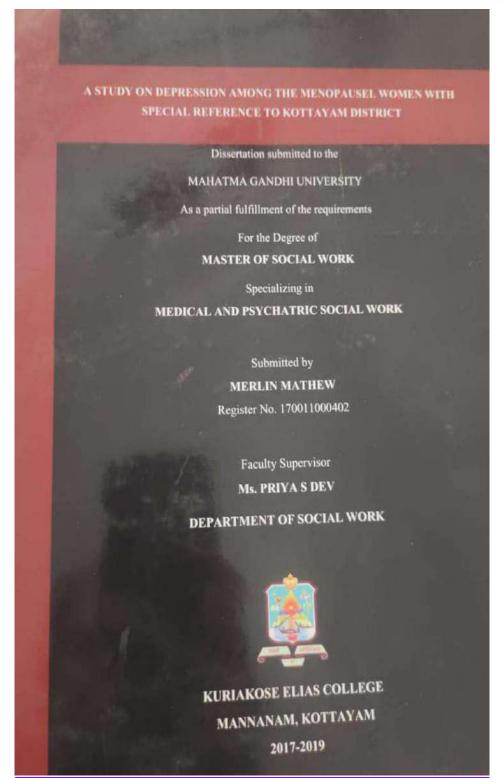
Mannanam

12/05/2022





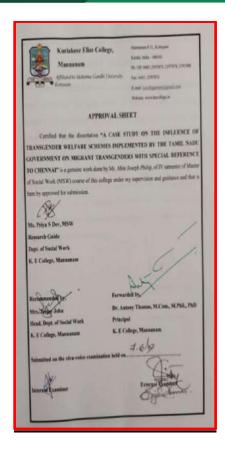


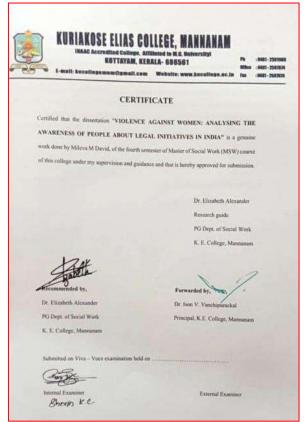
















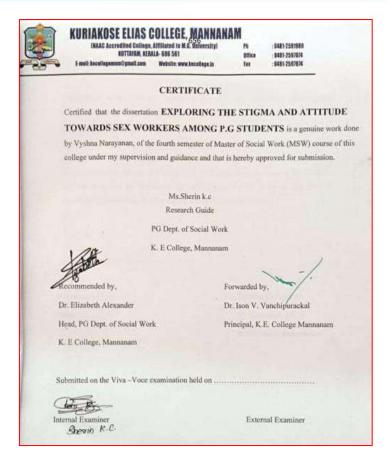


















#### 3. Gender Inclusiveness In Value Education Programme

Value Education Programme aims to inculcate human values among students. The Syllabus of the programme is also associated with gender inclusiveness and it is given below.



#### KURIAKOSE ELIAS COLLEGE, MANNANAM

#### HUMAN VALUE DEVELOPMENT

(Value Education Programme)

#### Syllabus

#### Aim:

The course aims to guide our youth to identify right human values and to develop a holistic perspective towards values of national integration, equality and brotherhood which will enable the person to grow into a complete human being.

#### Objectives of the course:

- To inculcate the values of religious harmony and national integration.
- 2. To explore into one's own identity and to have a better insight of self-worth.
- 3. To cultivate the habit of positive thinking stress and enrich life skills.
- 4. To build and murture interpersonal relationship.
- To understand about gender and its various implications.
- 6. To appreciate and experience the sanctity of family relationships

#### Text Book:

 Human Values Development Programme: All India Association for Christian Higher Education (AIACHE), New Delhi, 2013.

#### Syllabus for First Year Graduates

- Life Enrichment Skills
- Time and Stress Management
- 'Chavarul' A beacon of light for youth
- Code of conduct

#### Syllabus For Second Year Graduates:

- Dynamics of Interpersonal Relationships
- Building relationships







#### References:

- Human Values Development Programme: All India Association for Christian Higher Education (AIACHE), New Delhi, 2013.
- Resource book for Value Education: Institute of Value Education (AIACHE), New Delhi, 2002.
- Family Life Education in India, Perspectives, Challenges and Applications edited by Aparajita Chowdbury, David K Carson, Cecyle K Carson, Rawat Publications, New Delhi, 2006
- 4. Ram Ahuja, Indian Social System, Rawat publications, New Delhi, 1993



## KURIAKOSE ELIAS COLLEGE, MANNANAM

#### HUMAN VALUE DEVELOPMENT

(Value Education Programme)

#### Syllabus

#### Aim:

The course aims to guide our students to develop a holistic perspective towards values of social consciousness and to analyze the role of marriage and its impact on family life which will enable the person to grow into a complete human being.

#### Objectives of the course:

- 1. To analyze social problems and develop ability to work with individuals and community
- 2. To appreciate and experience the sanctity of marriage and family relationships
- 3. To develop interpersonal skills which strengthen marital and family relationships.

#### Syllabus for First Year Postgraduates

- 1. Societal Concerns and Challenges
  - Environmental issues
  - Comuption
  - · Participation in nation building and good governance

#### Syllabus For Second Year postgraduates:

- 1. Marriage and family
  - · Preparation for marriage
  - · Selection of a life partner
  - · Problems of marriage
  - Impact on family life





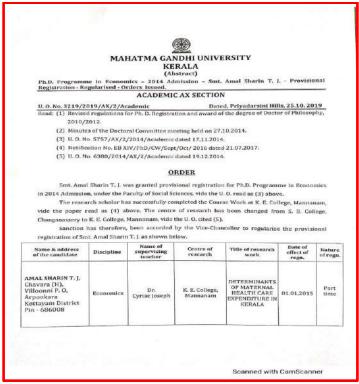


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#### 4. Gender based research activities done by the faculty members

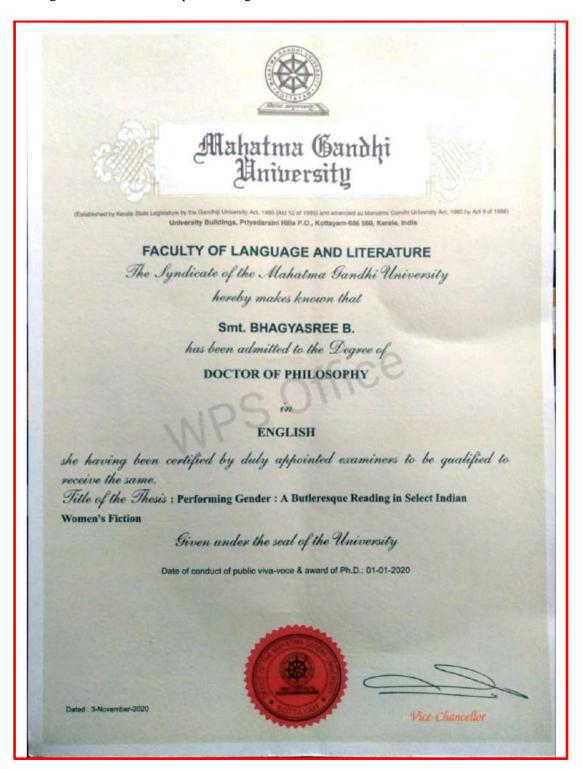
Gender issue based research work, project, article publication are always supported by the faculty members of KE college. Amal Sharin T J, Assistant professor, Department of Economics works as a research scholar under the guidance of Dr. Cyriac Joseph. Her research topic is 'Determinants of Maternal Health care expenditure in kerala'. The topic is related to the gender issue.







Smt. Bhagyasree B completed her research in English, under the guidance of Dr. Sujarani Mathew, Associate professor and Head of the department, Department of English. Her title of the Thesis was Performing 'Gender: A Butleresque Reading in selected Indian Women's fiction'.









Dr. Sujarani Mathew, Associate professor and Head of the department, Department of English published many gender related articles in different publications namely 'The presence of an Absence: Reading memory, History and identity in Khaled Hosseini's and the Mountains Echoed', 'Troma among women in war torn Nigeria'.

READING ON ANTON CHEKHOV'S THE BET AND PREETI SHENOY'S THE SECRET WISH LIST IN THE LENS OF WILLIAM GLASSER  - S.Magishavarthini & S.Ramya Niranjani  54. POLEMICS OF FACT AND FICTION: PORTRAYAL OF PYODOR DOSTOEVSKY IN J. M. COETZEE'S THE MASTER OF PETERSBURG  - Sanchita J  55. THE CARNIVALIZED SPECTACLE OF POLITICS IN THE NOVELS OF V.K.N Shamseer Babu PK  56. ROLE OF HAIR, SKIN, AND COLOUR: EXPERIENCE IN THE FOREIGN LAND IN ADICHIE'S AMERICANAH - Sheetal Kumari & Ravi Kumar Mishra  57. SOCIOLINGUISTIC PERESPECTIVES ON ENGLISH LANGUAGE TEACHING IN INDIA - Shibina K.M. & K.Balakirishnan  58. DEGRADATION OF WOMEN: A COMPARATIVE S37  STUDY OF FEMALE PROTAGONISTS IN LU XUN'S REGRET FOR PAST AND SHENG KEYI'S THE LOW-FLYING BAT - Snigdha Konar  59. SHIFTING BETWEEN PLACE AND SPACE: THE TRANSFORMING POWER OF WOMEN IN SELECTED FILMS - Sony Augustine & Sheeba V. ISSAC  60. VICTIMIZATION AND DIVINIZATION OF WOMEN IN THE RITUAL OF THE YAM - Soumya Murukesh  61. AN ENQUIRY INTO THE PERSPECTIVE OF THE PARTICIPANT OBSERVER AND THE POLITICS OF REPRESENTATION: A CASE SUDY OF JOHN HOW AND GRIFFIN'S BLACK LIKE ME - Soundip Bhattacharyya  62. MALE AND FEMALE IN HOMOSEXUALITY: A S71  LITERARY AND CULTURAL READING - Sreekala M.  63. THE PRESENCE OF AN ABSENCE: READING MEMORY, HISTORY AND IDENTITY IN KHALED HOSSEINI'S AND THE MOUNTAINS ECHOED - Suja Mathew  64. A MANIFESTATION OF ECO-MASCULINITY IN KHALED HOSSEINI'S AND THE MOUNTAINS ECHOED - Sushant Kumar Dubey	53.	CHOICES DISCERN A PERSON: A PARALLEL	498	1
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#### TRAUMA AMONG WOMEN IN WAR TORN NIGERIA

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#### ABSTRACT

Wars and conflicts are persistent subjects that pretense rigid collective trauma to the occupants in Africa. Psychological impacts among women in African countries are endless. Taking Nigeria as a post-colonial/war expensional impacts another violent in Artican foundation are countries and expensional Agents as a processoral war affected country, there are diverse transmate events experienced by the native women both domestically and socially. The World Health Organization stand that such violent psychological transma may trigger acute/chronic post-transmatic stress disorder [PTSD], depression, another and therefore, theoreticains put to light its numerous belongings particularly on women along with their lives in national volence, steady disasters, loss of a beloved, rape, polygamy, female genital mutilation or being a witness of civil wars' notional conflicts. Thus, a composed psychological health for the Nigerian women is thwarted by the occurrence of stress caused from war and they rarely express those vicisizations of life events. This satisfies focuses the transmite effects of war on women, a vacuum to be addressed and therefore, I tament to emphasis the cost of the skirnishes on Nigerian women, their inpots in the rational conflicts, and their impacts to the survival of families, people and the country.

#### KEYWORDS: Mental health, Women, War, Psychology, Trauma, PTSD.

ENTRODUCTION
Traumatic sentits are sustained psychological experiences that tend to suggestively damages a person's daily purposes and is acknowledged by symptomatic patterns that are confined in the International Classification of Diseases (9 ICD-2010) and the Disputotic and Statistical Manual of Mental Health 5th editions (DSM-V-TR). The non-western cultures have recognized various symptoms of traumatic experiences that were not included in DSM-V and ICD. Nigerian women are not exceptional to the epidemic experience of traumatic events. It is a very difficult or unpleasant experience that causes someone to have mental or emotional problems usually for a long time like them. Women in a masculine society like Nigeria are preserved with gender subservience which subjects them to experience enduring trauma.

#### CONCEPTUALIZATION OF TRAUMA

CONCEPTUALIZATION OF TRAUMA
Trauma as a notion is a derived concept from Greek word that stands for 'wound'. However, in the late 19th century Pierre Janet and Sigmand Freud offered the first approach to the conceptualization of trauma theory. Both of them intellectualized psychological trauma. While 'Freud's formulation of psychological trauma net with extraordinary level of disapproval, the modern conceptualization of trauma but owe their origin to Freud's theory, for the medical experts, trauma is associated with events of life that are somatic and deadly due to accidents or physical injuries incessant due to accidents. This is a therapeutic outlook which has been assumed in USA and government views incessant due to accidents. This is a therapeutic outhook which has been assumed in USA and government views trauma as "an injury that results from exposure to either a mechanical force or another extrinsic agent, including an extrinsic agent that in thermal, electrical, chemical, or radioactive" (Trauma Care Act 2014). But, behavioral scientists observed traumar from a dissimilar perspective and intellectualized it as psychological practice. For them, traumar is the outcome of negative psychological experience "from an event, series of events, or set of circumstances that is experienced by an individual's physically or emotionally hammful or life threetening and that has lasting adverse effects on the individual's functioning and mental, physical, social, emotional, or spiritual well-being (Substance Abus and Mental Health Services Administration 67). There are two inferences to be predictable on the behaviorist's perspective of traumar. Formerly, those traumatic events impose shock, horror, sense of weakness, severe or threats of physical/psychological injury or death on the individuals who has a first-hand involvement of the occurrence. Secondly, the influence of traumaric events and the predictive visitings traumatic events and procurrence. occurrence. Secondly, the influence of traurantic events develops as they indirectly victimize traurantic events and being a rescue worker, friends/relatives of the first hand victims. In expressing psychological trauma, many scholars enlightened that psychological trauma is a mentionial injury more severe and immediate them is does a physical terr. In a broader content, Diagnostic and Statistical Manual of Mental Disorders clearly defined trauma as the "exposure

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to actual or threatened death, serious injury, or sexual violence in one or more of the following ways: "directly experiencing the traumatic events, witnessing, in person, the traumatic events as it occurred to others; learning that the traumatic events occurred to a close family member or close friend (in case of actual or threatened death of a family member or friend, the events must have been violent or accidental), or experiencing repeated or extreme exposure to aversive details of the traumatic events\* (DSM 271).

The demise of more than a million people in Nigeria as a consequence of the vicious civil war which completed precisely fifty years ago is a blennish on the nation's past. For Nigerians, the war over the alternative state of Biafra is usually observed as an unsuccessful incident to be elapsed, but for the Igbo people who struggled for departure, it rests a life-defining event. In 1967, succeeding two coups and havor which managed about a million Igbos recurring to the south-east of Nigeria, the Republic of Biafra fragmented with thirty three year old military officer Emeka to the south-east of Nageria, the Response or Bustin tragements with intriv time year and mutuary orienter tental Odunensew Opisew. The Nigerian government confirmed war and subsequently theiry meants of hostility, Bairfa capitalized. On 15 January 1970, the conflict legitimately concluded. The administration's strategy of "no victor, no vanquished" may have ramaged to an absence of certified replication, but many Regiration of Igho source cultivated up on tales from people who survived through the van Nigeria, Africa's utmost congested state fathomed the postcolonial disasters and dysdinctional governments. The pintacle of its post-independent struggles arrived with posicontant disserts and systuactional governments. The princie of its post-matepeatent stugges arrived with the Nigeria Bellia was (1961-1970). Fifty one years after the civil was, the multifacted experiences of women exaggerated by the conflict are yet to be voiced and appropriately chronicled. Even the fictional and confictional accounts of the colorial/civil wars, solely those engraved by men epitomize the nationalists. This ubliquitous sophistication of the Nigeria-Baira? War through the lens of gender defense the ways women tormed their lives in war and postwar era. As a manifestation, warfare is typically encoded as an incomplete male



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